

## Chocolate Greek Yogurt Dip

This fast and easy yogurt-based dip takes less than 5 minutes to make and is a delicious way to satisfy a chocolate craving.

Prep time: 5 minutes      Serves: 1-2



### Ingredients

- 1 cup vanilla Greek yogurt
- ¼ cup unsweetened cocoa powder
- Optional: 2 teaspoons brown sugar
- ¼ teaspoon ground cinnamon
- Strawberries, bananas, or whole grain graham crackers

### Directions

1. Combine all ingredients in a medium-sized bowl. Whisk until the mixture becomes an even dark color and all the brown sugar granules have dissolved, about 1-2 minutes.
2. Serve with fresh fruit or whole grain graham crackers for dipping.