

# VOLUNTEER VOICE

Published for the Volunteers of Shawnee Mission Medical Center

## 2016 ADULT VOLUNTEER OF THE YEAR



### SUE REUSCHLEIN

Sue Reuschlein is Shawnee Mission Medical Center's 2016 Adult Volunteer of the Year.

Sue has been volunteering at SMMC since June 2001.

She currently serves the Surgery Waiting Room and Admitting (Outpatient Entrance).

Congratulations, Sue!



## 2016 OUTSTANDING ADULT VOLUNTEERS

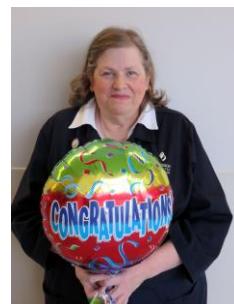
The Volunteer Advisory Committee selected not only the 2016 Adult Volunteer of the Year, but also three Outstanding Adult Volunteers. Congratulations to:



**Darlene Mears**  
Cardiac Care Unit &  
Flower Desk



**Kerri Michael**  
Gift Shop



**Joan Sheahan**  
Heart & Neurovascular  
Care Unit

Flowers don't worry about how they're going to bloom.  
They just open up and turn toward the light and that makes  
them beautiful. ~Jim Carrey



## National Volunteer Week

National Volunteer Week was April 10-16. We hope you enjoyed a time of fellowship with your friends by sitting at the table reserved “just for volunteers” in the Garden Café. And if you did not pick up your appreciation gift, stop by the Volunteer Office.

## Annual Volunteer Awards Luncheon

The Annual Volunteer Awards Luncheon was held Thursday, April 28 at the Overland Park Marriott. All were able to enjoy a great lunch along with entertainment by the Strolling Strings.

## Pins and Pictures

Please stop by the Volunteer Office to pick up your award pin if you were to receive one but could not attend the Awards Luncheon. If you received an award pin, please stop by to pick up your picture.

## Dear Volunteers,

*Recently, I attended the Joints in Motion Class, preparing for knee surgery. At that class, I was given a handy little carry-all to attach to my walker. I want you to know how terrific and useful it has been. It holds all kinds of stuff, leaving my hands free. What a wonderful gift! All the volunteers at SMMC were so caring and delightful.*

*God Bless You All!  
Margaret*

*As a graduate of the Zsa Zsa Gabor School of Creative Mathematics, I honestly do not know how old I am.*

*~ Erma Bombeck*

“Remember that the happiest people are not those getting more, but those giving more.”

~ H. Jackson Brown, Jr.

## A Warm Welcome to Our New Volunteers

Cheryl Anania  
Jan Atkins  
Beth Baker  
Bailey Borgmier  
Estelle Capps  
Sophie Connor  
Katie Griffith  
Vicki Hamilton  
Yvette Hasenleider  
Kevin Hiskey  
Morgan Kalny  
Ashley Kopmeyer  
Kylie Lewis  
Karen Marx  
Xena Moore  
Dennis Nealey  
Elaine Ross  
Nate Stacy  
Mary Swagerty  
Brendan Sweetman  
Janet Weber  
Bill Wietharn  
Kay Wietharn  
Doug Young

## Magazines Needed

If you would like to donate your gently used magazines (**less than one year old**), please bring them to the Volunteer Office. Ideally, news magazines, such as *Newsweek* or *Time*, should be no older than three months.

Magazines are always needed for our waiting rooms, and many of the patients enjoy reading them as well.

## What's the proper way to use insect repellent?

It's okay to use insect repellent and sunscreen at the same time. The general recommendation is to apply sunscreen first, followed by repellent. There are also some combination products that contain both insect repellent and sunscreen. FDA regulates sunscreen as an over-the-counter (OTC) drug. The Environmental Protection Agency (EPA) regulates insect repellent products.

- Use insect repellent that contains active ingredients that have been registered with EPA. An EPA registration number on the product label means the product has been evaluated by EPA to ensure that it will not pose unreasonable harmful effects on people and the environment.
- Spray insect repellent on clothes or skin, but not on the face.
- Don't use insect repellent on babies. Repellent used on older children should contain no more than 10 percent DEET. Oil of eucalyptus products should not be used on children under 3 years.
- Don't use insect repellent that's meant for people, on your pets.
- Use insect repellent according to the labeled instructions.
- Avoid applying it to children's hands, around the eyes, or to areas where there are cuts and irritated skin.
- Store insect repellent out of children's reach.
- Wash the repellent off with soap and water and contact a Poison Control Center at 1-800-222-1222 if you (or your child) experience a reaction to insect repellent.
- After returning indoors, wash skin with soap and water to remove repellent.

[www.cdc.gov](http://www.cdc.gov)



## Congratulations

Congratulations to **Jim Algie** and his wife, Alice, on the celebration of their 50<sup>th</sup> Wedding Anniversary  
March 26, 2016!



## Doctor's Release

Volunteers must obtain a return to work slip **before** returning to volunteer in the following situations:

- Any medical condition that prevents you from performing your volunteer duties
- Illness involving infectious disease, rash, sores, fever, jaundice, diarrhea
- Medical leave of absence

If you have not been seen by a physician for the above conditions, contact Employee Health for permission to return to volunteer. If you have seen a doctor, bring a note from the doctor to Employee Health with the following information:

- Diagnosis
- Specific Restrictions (If none, the form should state "no restrictions.")
- Date Volunteer may Return

My grandmother started walking five miles a day when she was sixty. She's ninety-seven now, and we don't know where she is.

~ Ellen DeGeneres



## Our Condolences to the Family of . . .

**Mary Alice Geise**  
*Retired SMMC Volunteer*

Mary Alice passed away on May 20 and is greatly missed. She was a wonderful volunteer and friend. We extend our love, comfort, and compassion to her family.

## Annual Health Review

Just a reminder...Please call the Employee Health Office sometime during the month of your birthday to schedule your annual Employee Health Review. (Be sure to mention that you are a volunteer.) **By calling ahead, you may be able to complete your review by phone, saving you a trip to the Employee Health Office.**

If you get a TB skin test, please call the Employee Health Office **two** days after your test to describe the appearance of your arm—nothing visible or a small bruise about the size of a pencil eraser would indicate a negative result. If you have any redness or swelling at the site of the TB test, please inform the Employee Health Nurse.

Employee Health can be reached at (913) 676-2117. Once the recorded message starts playing, touch the # key. You should immediately hear a beep, and then just leave a message as to the result of your TB test.



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