



Thanksgiving Volunteer Opportunities

**“Whatever you do, whether in speech or action,
do it all in the name of the Lord Jesus and
give thanks to God the Father through him.”**

Colossians 3:17

Volunteer Services is proud to present our Thanksgiving Volunteer Opportunities Guide, an easy-to-use guide filled with volunteering opportunities throughout the Central Florida community.

Get involved as an individual or join your friends, family, neighbors or team members to spread Thanksgiving blessings with children and families in need and deserving of our help.

One of the best ways to embrace the spirit of gratitude is to give back to those in need. When we work together and extend the healing ministry of Christ, we make a tremendous impact on our community.

Be sure to tag us on social media when volunteering throughout Central Florida:

@/groups/AdventHealthVolunteers/
@cfdsvolunteers

#adventhealthcares
#feelingwhole



Volunteer Opportunities

Orlando Area

ONE HEART FOR WOMEN & CHILDREN

Provide individuals who are homeless or in times of transition by helping them meet their most essential needs.

Role: Volunteers help feed the homeless, sort and organize the food pantry and recent donations, as well as special holiday projects

Age Restrictions: No age restriction, anyone under 17 must be accompanied by an adult

 Email Stephanie Bowman for Volunteering information at helponeheart@gmail.com

 oneheartorlando.org/volunteer/

SECOND HARVEST FOOD BANK

The mission of Second Harvest Food Bank is to create hope and nourish lives through a powerful hunger relief network, while multiplying the generosity of a caring community.

Role: Volunteers can help with daily food sorting, helping load food, and by doing light warehouse tasks.

Age Restrictions: Varies by Volunteer Role, some opportunities available for ages 10+

 Email Ian Dixon for Volunteering information at idixon@feedhopenow.org

 feedhopenow.org/site/SPageServer/?pagename=ways_involved_volunteer



Volunteer Opportunities

Orlando Area

THE RONALD McDONALD HOUSE OF CHARITIES CENTRAL FL

Finds, creates, and supports programs that directly improve the health and well-being of children and families.

Role: Volunteers can assist in a variety of ways including: Share-A-Meal, Snack Packs, Comfort and Toiletry Kits, and Greeting Guests.

Age Restrictions: Varies by Volunteer Role

✉ Email Kaycee Flora for Volunteering information at Kflora@rmhccf.org

 rmhccf.org/get-involved/volunteer

UNITED AGAINST POVERTY

United Against Poverty empowers good people experiencing bad situations to uplift themselves and their families up and out of poverty to self-sufficiency.

Role: Volunteers can help with cleaning, organizing, and stocking shelves, taking inventory in the emergency food pantry, and sorting through donated clothing and household items in the Member Marketplace.

Age Restrictions: Varies by Volunteer Role, some opportunities available for ages 10+

✉ Email Pamela Rivera for Volunteering information at privera@unitedagainstpoverty.org

 uporlando.org/volunteer/



Volunteer Opportunities

Seminole Area

KIDS HOUSE OF SEMINOLE, INC.

The Kids House is dedicated to preventing child abuse and helping child abuse victims and families by providing coordinated services.

Role: Volunteers will provide and drop off a Thanksgiving 'basket' which will include non-perishable items to make a Thanksgiving meal and a \$25 gift card to purchase a turkey.

Age Restrictions: Available for all ages

✉ Email Morgan Lewis for Volunteering information at lewis@kidshouse.org

 www.kidshouse.org/

THE SHARING CENTER

The mission of the Sharing Center is to inspire dignified solutions for those experiencing poverty and homelessness.

Role: Volunteers can help with daily food sorting, helping load food, and by doing light warehouse tasks.

Age Restrictions: Varies by Volunteer Role, some opportunities available for ages 5+

✉ Email Melissa Sileo for Volunteering information at Melissa.Sileo@thesharingcenter.org

 thesharingcenter.org/volunteer/



Volunteer Opportunities

Seminole Area

SEMINOLE COUNTY PUBLIC SCHOOLS

Join us in support of our homeless and economically disadvantaged Seminole County Public Schools students.

Role: Shop for a student in need using QR Code



Age Restrictions: Available for all ages

✉ Email Misa Mills for Volunteering information at Misa_Mills@scps.k12.fl.us

🌐 scps.k12.fl.us/district/departments/community-involvement/giving-tree.stml

UNITED WAY HEART OF FLORIDA THANKSGIVING DISTRIBUTION DAY

Heart of Florida United Way fights for the education, health, and financial stability of every person in Central Florida.

Role: Help distribute hundreds of meal kits to families in need in Seminole County on Saturday, November 19th from 8am-2pm. [Register Here](#)

Age Restrictions: Available for all ages

✉ Email Elibeth Guerrero for Volunteering information at Elibeth.Guerrero@HFUW.org

🌐 www.hfuw.org/events/



Volunteer Opportunities

Osceola Area

BASKET BRIGADE TO BENEFIT OSCEOLA COUNTY PUBLIC SCHOOLS

Join us in support of our homeless and economically disadvantaged Osceola County Public Schools students.

Role: Volunteers will provide and drop off a Thanksgiving 'basket' which will include non-perishable items to make a Thanksgiving meal. Volunteers are also needed to donate and deliver baskets to families. Register using QR code



Age Restrictions: Available for all ages

✉ Email Lizette Robles for Volunteering information at Lizette.Robles@osceolaschools.net

CLARITA'S HOUSE OUTREACH MINISTRY

The mission is to assist homeless and underprivileged individuals and families in achieving self-sufficiency and inspire them to reconnect with society productively.

Role: Prepare Thanksgiving Baskets for homeless and disadvantaged individuals in the community

Age Restrictions: Available for all ages

✉ Email Carol Mills for Volunteering information at info@claritashouse.com

 claritashouse.com/our-programs



Volunteer Opportunities

Virtual/Remote

COMMUNITY PARTNER APPRECIATION

AdventHealth partners with non-profit organizations throughout Central Florida, who work hard to serve those in our communities and to help keep them safe and healthy.

Role: Help show them how much we appreciate the work they do by sending them notes filled with positivity that they can view anytime live.

✉ Email Erin Lewin for instructions at Erin.Lewin@AdventHealth.com

CREATIVE OPPORTUNITIES

No-Sew Blankets

Volunteers are needed to create easy, no-sew blankets for AdventHealth hospitals in Central Florida. Your homemade blanket will provide a sense of security and warmth.

Role: Volunteers will use an easy-to-follow template and guide to create no-sew blankets.

✉ Email Erin Lewin for instructions at Erin.Lewin@AdventHealth.com

Invisible String Project

Not being able to have your family near can make hospitalization very lonely. Volunteers are needed to create colorful bracelets for patients and their families to provide a visible reminder that we are all connected by an invisible string.

Role: Volunteers will use any type of friendship bracelet pattern to create a colorful bracelet. Bracelets are given to kids and adults, so make sure each bracelet can fit an adult sized wrist (9 inches).

✉ Email Erin Lewin for instructions at Erin.Lewin@AdventHealth.com



Volunteer Opportunities

Virtual/Remote

FOUNDATION FOR FOSTER CHILDREN

Sending 1,500+ birthday cards annually to children in foster care in Orange, Osceola, and Seminole counties, letting children know they are remembered on their birthday.

Role: Volunteer activities may include getting creative and making someone smile by making a birthday card.

✉ Email Erin Lewin for instructions at Erin.Lewin@AdventHealth.com

LASAGNA LOVE

If you love to cook and want to support families in your community, consider becoming a lasagna chef.

Role: Volunteers will prepare and freeze lasagnas and then drop off to individuals in need in their community. *Drop off locations will be given to you after online registration through Lasagna Love's volunteer portal.

 [Register Here](#)

LETTERS AGAINST DEPRESSION

Letters Against Depression spreads hope and support to people all over the world battling depression and other mental illnesses.

Role: Volunteers provide love, hope and support through letters, artwork and other symbols of caring.

 www.lettersagainst.org/

