



**2023-2025**  
**Texas Health**  
**Huguley Hospital**  
**Fort Worth South**  
**Community**  
**Health Plan**

**Executive Summary.....3**  
**About AdventHealth.....7**  
**Priorities Addressed.....9**  
Mental Health.....10  
Food Insecurity.....11  
High Blood Pressure.....12  
Healthcare Access and Quality.....13  
**Priorities Not Addressed.....14**

# Table of Contents

## Acknowledgements

This community health plan was prepared by Russ Weaver, Vice President of Government Advocacy, with contributions from members of the Texas Health Hospital Huguley Community Health Needs Assessment Committee representing health leaders in the community and Texas Health Hospital Huguley leaders.

We are especially grateful for the internal and external partners who helped guide the development of the community health plan which will enable our teams to continue fulfilling our mission of Extending the Healing Ministry of Christ.





# EXECUTIVE SUMMARY



# I Executive Summary

Texas Health Huguley, Inc. d/b/a Texas Health Huguley Hospital Fort Worth South will be referred to in this document as Texas Health Huguley or the “Hospital”.

## Community Health Needs Assessment Process

Texas Health Huguley in Burleson, Texas was included in a regional community health needs assessment (CHNA) in cooperation with Texas Health Resources and Conduent Health Communities Institute (HCI). The Hospital collaborated with Texas Health Hospital Mansfield, to further refine and prioritize health needs identified in the regional CHNA in order to focus on the more specific needs of the communities served by both Texas Health Huguley and Texas Health Hospital Mansfield.

In order to ensure broad community input, the Hospital consulted the Texas Health Community Impact Leadership Councils, a regional collaborative comprised of community leaders, to help guide the Hospital through the assessment process. The council included representation from public health experts and the broad community. This included intentional representation from low-income, minority and other underserved populations.

The Board of Directors for Texas Health Huguley and Texas Health Hospital Mansfield reviewed the data from the regional CHNA and from Texas Health Huguley’s and Texas Health Hospital Mansfield’s primary service area. The board selected the needs the Hospital could most effectively address to support the community based on both internal Hospital and external resources available.

## Community Health Plan Process

The Community Health Plan (CHP), or implementation strategy, is the Hospital’s action plan to address the priorities identified from the CHNA. The plan was developed by the Hospital’s Mission Council and input was received from stakeholders across sectors including public health, faith-based, business and individuals directly impacted.

The CHP outlines targeted interventions and measurable outcomes for each priority noted below. It includes resources the Hospital will commit and notes any planned collaborations between the Hospital and other community organizations and hospitals.

The identified goals and objectives were carefully crafted, considering evidence-based interventions and AdventHealth’s Diversity, Equity, and Inclusion and Faith Accountability strategies. The Hospital is committed to addressing the needs of the community, especially the most vulnerable populations, to bring wholeness to all we serve.





# Executive Summary

## Priorities Addressed

The priorities addressed include:

1. Mental Health
2. High Blood Pressure
3. Food Insecurity
4. Health Care Access and Quality

*See page 9 for goals, objectives and next steps for each priority selected to be addressed.*

## Priorities Not Addressed

The priorities not addressed include:

1. Housing
2. Employment

*See page 14 for an explanation of why the Hospital is not addressing these issues.*



The Community Health Plan is a three-year strategic plan and may be updated during implementation based on changing community needs or availability of resources. AdventHealth recognizes community health is not static and high priority needs can arise or existing needs can become less pressing. The Hospital may pivot and refocus efforts and resources to best serve the community.

# I Executive Summary

## Board Approval

In May 2023, the Texas Health Huguley Board approved the Community Health Plan goals, objectives and next steps. A link to the 2023 Community Health Plan was posted on the Hospital's website prior to May 15, 2023.

## Ongoing Evaluation

Texas Health Huguley's fiscal year is January – December. For 2023, the Community Health Plan will be deployed beginning May 15, 2023, and evaluated at the end of the calendar year. In 2024 and beyond, the CHP will be evaluated annually for the 12-month period beginning January 1st and ending December 31st. Evaluation results will be attached to the Hospital's IRS Form 990, Schedule H. The collective monitoring and reporting will ensure the plan remains relevant and effective.

## For More Information

Learn more about the Community Health Needs Assessment and Community Health Plan for Texas Health Huguley at <https://www.adventhealth.com/community-health-needs-assessments>.





# ABOUT ADVENTHEALTH



## **| About AdventHealth**

**Texas Health Huguley is part of AdventHealth. With a sacred mission of Extending the Healing Ministry of Christ, AdventHealth strives to heal and restore the body, mind and spirit through our connected system of care. More than 80,000 skilled and compassionate caregivers serve 4.7 million patients annually. From physician practices, hospitals, outpatient clinics, skilled nursing facilities, home health agencies and hospice centers, AdventHealth provides individualized, wholistic care at nearly 50 hospital campuses and hundreds of care sites throughout nine states.**

**Committed to your care today and tomorrow, AdventHealth is investing in research, new technologies and the people behind them to redefine medicine and create healthier communities.**



### **About Texas Health Huguley**

Operated by AdventHealth, Texas Health Huguley, Inc. Hospital Fort Worth South is the largest not-for-profit Protestant healthcare organization in the U.S. In 2012, Texas Health Resources and Adventist Health System formed a partnership to own Texas Health Huguley, Inc. Hospital, with Adventist Health System managing the daily operations of the hospital. As a member of Adventist Health System, Texas Health Huguley is operated in a tradition of healthcare that recognizes that total health is achieved through the proper balance of physical, mental, social and spiritual well-being. Describing the facility of Texas Health Huguley is easy. We are a 291-bed acute care hospital located on I-35W in south Fort Worth. The hospital includes a medical intensive care unit, a cardiovascular critical care unit, a progressive care unit, open heart surgery center and behavioral health. We have an accredited bone and joint program, Diabetes Center, Chest pain center, and an award-winning emergency department available 24 hours a day, seven days a week.



# PRIORITIES ADDRESSED



# Mental Health

Mental illnesses are conditions that affect a person’s thinking, feeling, mood or behavior, such as depression, anxiety, bipolar disorder, or schizophrenia. Such conditions may be occasional or long-lasting (chronic) and affect someone’s ability to relate to others and function each day. In Texas Health Huguley’s and Texas Health Hospital Mansfield’s PSA, 21.6% of adults have depression which is higher than both the state (18.4%) and national (19.6%) rates. Additionally, 14.6% of adults in the community indicated they had poor mental health. Poor mental health is defined as 14 or more days during the past 30 days during which mental health was not good.

**Goal 1:** Improve awareness and support around mental illness and grief through education.

**Objective 1.1:** By December 31, 2025, offer training to pastors and lay chaplains in 20 faith organizations in the basics of grief recovery and mental health support for parishioners and community members.

**Objective 1.2:** By December 31, 2025, educate and implement the Spiritual Wholeness Screening program with 5 safety-net organizations, 10 faith organizations, and 2 independent school districts.

**Objective 1.2:** By December 31, 2025, offer Mental Health First Aid training for 5 safety-net organizations, 10 faith organizations, and 2 independent school districts.

**Target Population:** Individuals living in Northern Johnson County, Everman, Burleson, Crowley, and South Fort Worth communities.

Activities/Strategies	Outputs	Hospital Contributions	Community Partnerships	Timeline		
				Y1	Y2	Y3
Develop & implement grief recovery & mental health support training in partnership with area churches	PowerPoint presentations, Handouts, Educational brochures on mental health issues	Mission & Ministry department to include chaplains and other mental professionals to support training seminars	Pathway Church, Grace Temple Church, Multiple area Seventh-day Adventist churches	X	X	X
Implement Spiritual Wholeness Screening and referral program in partnership with area churches & safety net organizations	PowerPoint presentations, Handouts, Educational brochures on mental health issues	Mission & Ministry department to include chaplains and other mental health professionals to support training seminars	Pathway Church, Grace Temple Church, Harvest House, Crowley Independent School District, and Everman Independent School District	X	X	X
Offer Mental Health First Aid (MHFA) training in partnership with area churches and safety net organizations	PowerPoint presentations, Handouts, Educational brochures on mental health issues	Mission & Ministry department and certified MHFA educators	Various Churches, Safety-net Organizations, Independent School Districts and Community Centers	X	X	X



# Food Insecurity

Food insecurity is a lack of consistent access to affordable and nutritious food for every person in a household to live an active, healthy life. People who are food insecure may be at an increased risk of negative health outcomes. As of 2020, 13.9% of residents in the community have experienced food insecurity which is higher than the state (13%) and national (11.5%) rates.

**Goal 1:** Increase access and quantity of available food with an emphasis on making healthy food available.

**Objective 1.1:** By December 31, 2025, facilitate the creation of a ¼ acre Community Garden.

**Objective 1.2:** By December 31, 2025, increase annual Food Pantry distribution at Grace Temple Church in Fort Worth to 2,640 bags.

**Target Population:** Children and families living in 76104 and 76105 zip codes with food insecurity.

Activities/Strategies	Outputs	Hospital Contributions	Community Partnerships	Timeline		
				Y1	Y2	Y3
Facilitate the creation of a community garden located at Grace Temple Church	Garden will be ¼ acre in size	Hospital team members will assist with planning & logistics of this effort	Pathway Church and Grace Temple Church	X	X	X
Increase the number of bags distributed by the food pantry while increasing the availability of healthy food choices	Double the number of bags distributed while including healthy food options	Hospital team members will assist with planning & logistics of this expansion	Pathway Church, Grace Temple Church, and Tarrant Area Food Bank	X	X	X
Develop and execute educational sessions on healthy cooking and nutrition in food deserts	1 nutrition class each month 5-10 families per class	Hospital team members will assist with logistics and resourcing this education, Registered Dietitians	Pathway Church, Grace Temple Church, and community-based Registered Dietitians	X	X	X

# High Blood Pressure

High blood pressure, or hypertension, is when the force of the blood pushing against the walls of your blood vessels is consistently too high. The higher your blood pressure levels, the more risk you have for other health problems, such as heart disease, heart attack, and stroke. In 2019 31.6% of adults had high blood pressure which is slightly lower than the 2017 rate of 33% of adults.

**Goal 1:** Improve awareness about high blood pressure through community education.

**Objective 1.1:** By December 31, 2025, facilitate Dietary Approaches to Stop Hypertension (DASH) Diet workshops for 180 community members.

**Target Population:** Individuals living in Northern Johnson County, Everman, Burleson, Crowley, and South Fort Worth communities.

Activities/Strategies	Outputs	Hospital Contributions	Community Partnerships	Timeline		
				Y1	Y2	Y3
Identify times and locations for education workshops	Minimum of 2 different locations	Hospital team members will assist with logistics	Area churches and Independent School Districts	X	X	X
Invest in DASH diet workshops for individuals in our community	4 DASH diet classes per year 15-20 are expected in attendance at each session.	Hospital team members to include Registered Dietitians will assist with logistics and resourcing this education	Area churches and Independent School Districts	X	X	X



# Healthcare Access and Quality

Many people face barriers that prevent or limit access to needed health care services, which may increase the risk of poor health outcomes and health disparities. Inadequate health insurance coverage is one of the largest barriers to health care access, and the unequal distribution of coverage contributes to disparities in health. The PSA has a higher percentage of residents without health insurance (15%) compared to the United States (8.7%). Lack of transportation is another barrier impacting access and can lead to missed or delayed health care appointments and overall poorer health outcomes. Access to a primary care provider or having an established medical home is one way to improve health outcomes because people can see the same provider who is familiar with their medical history and can monitor their personal health over years.

**Goal 1:** Provide access to basic healthcare services.

**Objective 1.1:** By December 31, 2025, the Texas Health mobile health bus will continue providing primary healthcare services to individuals living in under-served communities at 8 locations (11 unique clinic days) each month in our primary service area.

**Objective 1.2:** By December 31, 2025, the Care Clinic (Hospital-run primary care clinic) will continue providing 1,200 primary healthcare services to uninsured individuals discharged from Texas Health Huguley without a medical home.

**Target Population:** Individuals living in Northern Johnson County, Everman, Burleson, Crowley, and South Fort Worth communities.

Activities/Strategies	Outputs	Hospital Contributions	Community Partnerships	Timeline		
				Y1	Y2	Y3
Evaluate and identify strategic locations to provide mobile primary healthcare services	8 locations identified	Fully staffed mobile health bus consisting of an advance practice nurse, a registered nurse, and a clerical assistant	Area churches and safety-net organizations	X	X	X
Operation of hospital-based outpatient clinic to assist with primary care follow-up visit for uninsured patients being discharged from THH without a medical home	Clinic in operation at least 2 days per week	Fully staffed primary care clinic consisting of an advance practice nurse and a receptionist	Area safety-net organizations, pharmacies, and Durable Medical Equipment companies	X	X	X

# PRIORITIES NOT ADDRESSED





# I Priorities Not Addressed

Texas Health Huguley also identified the following priorities during the CHNA process. In reviewing the CHNA data, available resources, and ability to impact the specific identified health need, the Hospital determined these priorities will not be addressed.

## Housing

Increased evidence is showing a connection between stable and affordable housing and health. When households are cost burdened or severely cost burdened, they have less money to spend on food, health care and other necessities. Households are considered cost burdened if they spend more than 30% of their income on housing and severely cost burdened if they spend more than 50%. Between 2016 and 2020, 26.7% of households in the PSA were cost burdened.

## Employment

Multiple aspects of employment—including job security, the work environment, financial compensation, and job demands—may affect health. Job benefits such as health insurance, paid sick leave, and parental leave can affect the health of employed individuals. People with steady employment are less likely to live in poverty and more likely to be healthy, but many people have trouble finding and keeping a job. The unemployment rate in the PSA is 5% which is lower than the state rate of 5.3% of residents. The hospitals did not perceive the ability to have a measurable impact on this issue within the three years allotted for the Community Health Plan with the current resources available to the Hospital at this time.





**Texas Health Huguley, Inc. d/b/a  
Texas Health Huguley Hospital Fort Worth South**

CHP Approved by the Hospital Board on: May 2023

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