

Grief Support Programs

July - August – September

Six-week Support Groups

Horizons Bereavement Center

480 W. Central Parkway, Altamonte Springs

Adults - 11am to 12:30pm

Thursdays, Aug 22 thru Sept 26

Young Widow & Widower - 5:30 to 6:45pm

Thursdays, Aug 1 thru Sep 5

Senior Widow & Widower - 11am to 12:30pm

Wednesdays, July 17 thru Sept 4 (no group Aug 14)

On-going Support Groups

Horizons Bereavement Center

480 W. Central Parkway, Altamonte Springs

DAY 11am to 12:30pm. 1st & 3rd Mondays

Jul 1 & 15, Aug 5 & 19, Sept 16 (no group Labor Day)

EVENING 5:30 to 6:45pm. 1st & 3rd Wednesdays

Jul 3 & 17, Aug 7 & 21, Sept 4 & 18

Anticipatory Grief Support for Caregivers

11am to 12:30pm. 2nd & 4th Tuesdays

Jul 9 & 23, Aug 13 & 27, Sep 10 & 24

Free and Open to Community Members

Registration Required for All Groups

407-379-0490

Social Groups

Women's Lunch Bunch

Call 407-379-0490 to confirm location.

3rd Fridays, July 19, Aug 16, Sept 20 at 11:30am.

Men's Breakfast Group - Denny's Restaurant

255 E. Altamonte Dr., Altamonte Springs

1st and 3rd Fridays at 9am.

Call 407-682-0808, ext. 1213.

Comfort Foods Potluck and Social

AdventHealth Hospice Care, Board Room

480 W. Central Parkway, Altamonte Springs

Monday, September 9th from 6:30 to 7:30pm

RSVP 407-379-0490. Following the Educational Workshop

Workshops & Events

Memorial Service & Reception

Circle of Healing, Circle of Hope

First Congregational Church

225 S. Interlachen Ave., Winter Park

Tuesday, Oct 22nd at 7pm

RSVP 407-379-0179, ext. 6724

Camp Healing Hearts

Saturday, Nov 16th from 10am to 3:30pm

Grace Covenant Presbyterian Church

1655 Peel Avenue, Orlando

Free one-day bereavement camp for students ages 7 to 18 who have experienced the death of a loved one. For information, call 407-379-0497.

Educational Workshop

Grieving...What is Normal?

AdventHealth Hospice Care, Board Room

480 W. Central Parkway, Altamonte Springs

Monday, September 9th from 5:30 to 6:30pm

RSVP 407-379-0490. Followed by Comfort Foods Potluck

Get updates on grief support groups & events on

Facebook/AdventHealthHospiceCareCentralFlorida

Event Calendar:

The volunteer trainings are from 6-9pm on these dates at AdventHealth Hospice Care, 480 W Central Parkway, Altamonte Springs, FL:

- Session 4: July 18, 23, 25, 30 & Aug 1
- Session 5: Sept 12, 17, 19, 24, 26
- Session 6: Nov 7, 12, 14, 19, 21

To register, complete the volunteer application. Learn more at 407-379-2254 or fh.hotc.volunteer.services@adventhealth.com.