

Developmental milestones chart with suggested toys and activities

(Based on Corrected Age = Baby's current age – months born early)

Corrected Age ↓	Gross Motor Skills	Communication Skills	Perceptual/ Fine Motor Skills	Social & Oral Skills	Toys and Activities
0-2 Months	<ul style="list-style-type: none"> Moves arms and legs during play. Turns head to both sides on back and belly. 	<ul style="list-style-type: none"> Cries differently when tired, hungry or in pain. Smiles/coos in response to voice. 	<ul style="list-style-type: none"> Focuses briefly on faces. Brings hands to midline/mouth. Opens and shuts hands. grasps and holds rattle briefly. 	<ul style="list-style-type: none"> Recognizes parents/ caregivers. Stops crying when picked up. Roots and latches to pacifier. Coordinates sucking, swallowing, and breathing. 	<ul style="list-style-type: none"> Hold, cuddle, and rock baby Talk, read and sing to baby. Play in side-lying, tummy time and supported sit. Use mobiles, soft/textured toys, rattles, and safe mirrors.
2-6 Months	<ul style="list-style-type: none"> Rolls belly to back. Lifts body on propped and extended arms on belly. Briefly holds head up in supported sitting. 	<ul style="list-style-type: none"> Turns head to look for source of sounds. Responds to own name by looking. Babbling begins. 	<ul style="list-style-type: none"> Places toys and fingers in mouth. Looks at toys while playing with them. Reaches for dangling object. Focuses and tracks faces/toys. 	<ul style="list-style-type: none"> Reaches for familiar caregivers. Begins to show interest in teether toys/bring them to mouth. 	<ul style="list-style-type: none"> Playing in different areas and positions. Use MamaRoo, infant seat, boppy pillow, stroller and play mat. Use play-gym for reaching and kicking.
6-9 Months	<ul style="list-style-type: none"> Pushes up to hands and knees position. Sits without support for 30 seconds or more. Rolls from back to belly. 	<ul style="list-style-type: none"> Attempts communication with gestures/sounds. Uses m, n, t, d, b and p in babbling. Comprehends caregiver gestures. 	<ul style="list-style-type: none"> Rakes/scoops up small toys. Bangs cubes on table. Transfers toys hand to hand. 	<ul style="list-style-type: none"> Plays interactive games: Peek-a-boo + Pat-a-cake. Teething begins. May begin to try small amounts of puree with Speech Therapy. Up/down chewing or munching patterns begin. 	<ul style="list-style-type: none"> Use toys/books that make sounds. Use cause + effect toys. Light and musical toys.
9-12 Months	<ul style="list-style-type: none"> Crawls Pulls to stand. Cruises by holding onto objects. 	<ul style="list-style-type: none"> Turns head immediately to own name. Gestures/vocalizes wants/needs. Speaks 1 word with meaning. 	<ul style="list-style-type: none"> Touches object with 1 finger. Voluntary release of toy. Puts things in + takes out of containers. Takes rings off stacker. Claps hands. 	<ul style="list-style-type: none"> Fascinated with people and objects. 	<ul style="list-style-type: none"> Push-pull toys for cruising/walking. Toys to put in and out of containers. Shape sorters/ring stackers.