

Maternity Care Services

Resources Guidebook



Delivering Warmth and Compassion

At AdventHealth Shawnee Mission Birth Center, we provide a personal and tailored approach to pregnancy, labor and delivery. It's a privilege for us to be part of your birth experience, and we are dedicated to creating a safe, nurturing environment for your family.

We know this experience often brings many questions and concerns. Along with the guidance of your maternity care navigator, we hope this guidebook provides helpful information that empowers you and puts your mind at ease. Know that we are with you every step of the way.



A Trusted Care Team That Specializes in You

AdventHealth Shawnee Mission Birth Center is home to world-class physicians, specialists and care teams that focus on the health and well-being of both mother and child throughout the pregnancy journey. Our comprehensive range of services includes high-risk pregnancy management, breastfeeding support, parent education and much more. Whether you're hoping for minimal intervention or seeking a hands-on approach, we deliver state-of-the-art health care in a safe and soothing environment.

Level III NICU

Find peace of mind knowing our compassionate team is expertly prepared. Through our partnership with Children's Mercy, our Birth Center has the only community-based Level III NICU that offers depth of care through collaboration with a dedicated children's hospital. It even provides a private room for each baby with parent sleep areas.

Special Care for Your Needs

If you and your baby should need an extra level of care, we provide expert consults with maternal-fetal specialists dedicated to high-risk pregnancies. We also have in-house OB/GYNs available 24/7 who assist mothers in emergency situations until their physician arrives, and also provide monitoring for moms who choose to have a vaginal birth after a previous Cesarean section (VBAC).



Design Your Personalized Birth Experience

We believe your voice should be heard when it comes to your birthing experience. That's why we offer a specially trained team committed to making you feel comfortable and cared for, according to your own specifications. It's our goal to deliver a memorable, one-of-a-kind experience that embraces your individual personality.

Maternity Care Navigation

Our maternity navigators are registered nurses with extensive experience in maternal and newborn care. They're here to help make your experience as personalized as possible as well as provide you and your family with information prior to delivery.

This complimentary service includes a consultation to discuss your expectations and explore the services and amenities available. We will talk through your plans, wishes and concerns for your delivery. Maternity navigators can also help you understand insurance requirements, assist with forms and advise you on what to expect throughout the process.



The Support and Resources You Need

Lactation Support

We strongly encourage breastfeeding as the healthiest method for providing infant nutrition. We are proud to have earned the Baby-Friendly Hospital designation, meaning everything we do during and after labor is designed to support optimal health and feeding outcomes for your baby.

Breastfeeding Warm Line

Our International Board Certified Lactation Consultants are available seven days a week to answer any questions related to breastfeeding. Call 913-632-4330 and leave your name, phone number and the nature of your concern. Messages left before 3 pm will be returned the same day.

Breastfeeding Support Group

An opportunity to share the joys and challenges of breastfeeding, this group is for moms and babies at all stages of breastfeeding and facilitated by a lactation consultant. A baby scale is also available. No registration or fee to attend. Call 913-632-4330 for location information.

Outpatient Breastfeeding Clinic

Outpatient visits are available to new and expectant mothers. The fee includes a one-hour visit with an International Board Certified Lactation Consultant to answer questions and provide hands-on help and support for feeding problems. To schedule an appointment, call 913-632-4330.

Postpartum Emotional Support Group

The Postpartum Emotional Support Group at AdventHealth is the only hospital-based support group in the Kansas City metro area. Our mission is to encourage women who are experiencing emotional changes before and after birth by raising awareness and providing support, resources and education. Led by a licensed professional, it is structured to give moms the information they need to understand emotional changes involved with all postpartum mood disorders and the tools to feel better.

Parent and Family Education

AdventHealth Shawnee Mission has provided quality prenatal, parenting and family education for more than 30 years. Our specially trained team members offer the most up-to-date information and support when it comes to parenting, helping you build the necessary skills to become the best parent possible. Classes include CPR, Newborn Care, Childbirth and more. For more information or to register for classes, visit [AdventHealthKC.com/events](https://www.adventhealthkc.com/events) or call the NurseLine at 913-676-7777.



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We're With You on the Journey

More than 5,000 families choose the AdventHealth Shawnee Mission Birth Center to deliver their babies each year. We're here with the expertise you need and the support you deserve. Reach out today and learn how maternity care navigation can help. We'll be happy to answer your questions, make an appointment for you to tour the facility and start discussing your birth wishes.

Let's Get Started

To speak to a maternity care navigator, call **913-831-5119**.

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