

# Birth Center Services

Resources Guidebook



# Delivering Warmth and Compassion

At AdventHealth, our birth centers provide a personal and tailored approach to pregnancy, labor and delivery. It's a privilege for us to be part of your birth experience, and we are dedicated to creating a safe, nurturing environment for your family.

We know this experience often brings many questions and concerns. We hope this guidebook provides helpful information that empowers you and puts your mind at ease. Know that we are with you every step of the way.



# A Trusted Care Team That Specializes in You

Our AdventHealth birth centers in Colorado are home to world-class physicians, specialists and care teams that focus on the health and well-being of both mother and child throughout the pregnancy journey. Our comprehensive range of services includes high-risk pregnancy management, breastfeeding support, parent education and much more. Whether you're hoping for minimal intervention or seeking a hands-on approach, we deliver state-of-the-art health care in a safe and soothing environment.

## Dedicated NICU Teams

Find peace of mind knowing our compassionate teams are expertly prepared to care for your newborn. As Level III NICU-certified hospitals, AdventHealth Avista, AdventHealth Littleton and AdventHealth Parker offer intensive care for babies needing ongoing support or surgery.

## Special Care for Your Needs

If you and your baby should need an extra level of care, we provide expert consults with maternal-fetal specialists dedicated to high-risk pregnancies. We also have in-house OB/GYNs available 24/7 who assist mothers in emergency situations until their physician arrives, and also provide monitoring for moms who choose to have a vaginal birth after a previous cesarean section (VBAC).





## Design Your Personalized Birth Experience.

We believe your voice should be heard when it comes to your birthing experience. That's why we offer a specially trained team committed to making you feel comfortable and cared for, according to your own specifications. It's our goal to deliver a memorable, one-of-a-kind experience that embraces your individual personality.



# The Support and Resources You Need

## Breastfeeding Warm Line

Our international board-certified lactation consultants are available seven days a week to offer support and answer any questions related to breastfeeding.

Lactation consultants are available at multiple locations. Contact your nearest hospital or the hospital of your choice below:

- **AdventHealth Avista:** [303-673-1088](tel:303-673-1088)
- **AdventHealth Castle Rock:** [720-455-0367](tel:720-455-0367)
- **AdventHealth Littleton:** [303-734-8744](tel:303-734-8744)
- **AdventHealth Parker:** [303-269-4388](tel:303-269-4388)

## Parent and Family Education

Our expert care network in Colorado provides high-quality prenatal, parenting and family education. Our specially trained team members offer the most up-to-date information and support when it comes to parenting, helping you build the necessary skills to become the best parent possible. We offer a wide range of birthing, breastfeeding, baby care and postpartum wellness and success classes to help you care for your little one.

[Find upcoming classes near you](#)



## We're With You on Your Journey

Find the expertise you need and the support you deserve with our AdventHealth network of care in Colorado. We'll be happy to answer your questions, make an appointment for you to tour one of our birth centers and start discussing your birth wishes.

**Let's get started.**

To speak to a maternity care navigator, call **833-779-4333**.

This guide is provided to the general public to disseminate health-related information. The information is not intended to be used for diagnosing or prescribing. Please consult your physician before undertaking any form of medical treatment and/or adopting any exercise program or dietary guidelines.

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente.

**AdventHealth**

Maternity Care (OB) Program  
Call **833-779-4333** for more information.

25-CO-02279

