Know Where to Go

Get the right care when, where and how you need it.



In an increasingly complex medical world, having one doctor who knows your health history, and you, is highly important. That's why your primary provider should be your first point of contact for routine illnesses and checkups.

Common services and treatments:

- Routine checkups and health screenings
- Preventative care
- Chronic disease management
- Immunizations
- Acute illnesses, such as sore throat, earaches, cold and flu.



Virtual Urgent Care

Need health care for a minor illness but prefer not to leave home or work? The AdventHealth app provides access to care for a variety of minor ailments. Patients receive a face-to-face visit via a smartphone, tablet or desktop with a board-certified doctor or nurse practitioner. Care is available seven days a week.

Common Treatments Provided:

- Cough, cold, bronchitis and flu
- Lower back pain
- Pink eye
- · Seasonal allergies
- Sinus and upper
 respiratory infections
- Skin conditions
- Urinary tract infections



Available 24/7

Download the AdventHealth app to a mobile phone or tablet via the App Store or Google Play.

ColoradoVirtualCare.com

AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de

asistencia lingüística. Llame al número siguiente 407-303-5600.

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi theo sốđiện thoại dướiđây 407-303-5600.





Urgent care centers like AdventHealth's Centra Care enable you to see a medical professional as soon as possible without needing an appointment. Choose this option when the need for care is pressing, but not life-threatening.

For Example:

- COVID-19 testing
- Allergies
- Asthma
- Back pain
 - Vomiting

· Pink eye

Sore throat

Sprains

Rash

- Cold, flu or fever
- Cough
- Diarrhea

Bronchitis

- Ear infection
- Fractures
- Headaches
- Infections
- Lacerations (stitches)
- Minor burns
- Nausea

Open 7 days a week

Emergency Care

An emergency room is the best place to seek treatment when significant symptoms come on suddenly or could be life-threatening.

Emergency symptoms include:

- Change in mental status
- · Chest pain or other heart symptoms
- Choking
- Coughing up or vomiting blood
- · Fractures with sever pain, deformity or a visible bone
- Head or spine injury
- Loss of consciousness
- Major trauma, injury or burn
- Seizures
- Severe abdominal pain or pressure
- Severe or persistent vomiting
- Snake bites
- Stroke symptoms
- Sudden dizziness, weakness, or change in vision
- Sudden, severe pain anywhere in the body
- Swallowed a poisonous substance

Open 24/7, 365 days a year ColoradoEmergencyExperts.com

Your care network extends far and wide.

With nationally recognized, award-winning care, your AdventHealth network of care gives you access to a full range of connected health care services through every age and stage of life. We're here to help you feel whole.

Learn more about our network of care at:

AdventHealth.com/Colorado



In case of a life-threatening emergency, call 911.



