

# Formulary Optimization for Low Clinical Value Medications



#### Low Clinical Value Medications and Alternatives

Page 1 Our Low Clinical Value medication program provides protection to you by preventing unnecessary spending on high-cost medications with low clinical value compared to alternatives available in the market. Through your pharmacy benefit plan, we provide you with better alternatives – equal or more effective medications at a lower cost.

Excluded Medication* Brand name (generic name)	Use	Alternative Therapy	What You Should Do
Antibiotic and Antifungal Agents			
Tolsura (itraconazole) 65 mg capsule	Systemic fungal infections	Generic Rx itraconazole 100 mg capsule	Talk to your doctor about an alternative prescription
Anti-inflammatory Agents			
iclofenac 1.5% topical solution	Osteoarthritis of the knee	OTC topical analgesic (ex Voltaren/diclofenac Gel OTC, Capsaicin) or oral NSAID agent (Rx or OTC)	Talk to your pharmacist about over-the-counter alternative
Duexis (ibuprofen & famotidine) tablet	Osteoarthritis or Rheumatoid arthritis	Generic OTC or Rx NSAID (ibuprofen) + generic acid reducer (famotidine)	Talk to your pharmacist about over-the-counter alternative
enoprofen calcium 200 mg capsule	Osteoarthritis or Rheumatoid arthritis	Generic OTC or Rx NSAID (Ibuproferi) + generic acid reducer (famotidine)	Talk to your pharmacist about over-the-counter alternative
choproferr calciant 200 mg capsaic		Oral OTC or Rx NSAIDs, OTC topical analgesic (ex Voltaren/diclofenac Gel, Capsaicin), or OTC pain	Talk to your priarriadist about over the counter diterriative
Flector (diclofenac) 1.3% patch	Acute pain control	patches	Talk to your doctor about an alternative prescription
Gloperba (colchicine) oral solution	Gout	Generic colchicine tablets and capsules	Talk to your doctor about an alternative prescription
ndocin (indomethacin) suppositories	Gout	Generic OTC or Rx NSAID	Talk to your doctor about an alternative prescription
lalocet (oxycodone with 300 mg acetaminophen) tablet	Pain control	Generic oxycodone and acetaminophen tablets (with 325 mg acetaminophen)	Talk to your doctor about an alternative prescription
laprelan (naproxen) ER tablet	Osteoarthritis or Rheumatoid arthritis	OTC naproxen	Talk to your pharmacist about over-the-counter alternative
Norgesic / Norgesic Forte (orphenadrine, aspirin & caffeine) tablet	Musculoskeletal Pain	Generic orphenadrine (non-combination) or other generic NSAID	Talk to your doctor about an alternative prescription
Orphengesic Forte (orphenadrine, aspirin & caffeine) tablet	Musculoskeletal Pain	Generic orphenadrine (non-combination) or other generic NSAID	Talk to your doctor about an alternative prescription
ennsaid (diclofenac) 2% topical solution	Osteoarthritis of the knee	OTC topical analgesic (ex Voltaren/diclofenac Gel, Capsaicin) or oral NSAID agent (Rx or OTC)	Talk to your pharmacist about over-the-counter alternative
Prolate (oxycodone with 300 mg acetaminophen) tablet	Pain control	Generic oxycodone and acetaminophen tablets (with 325 mg acetaminophen)	Talk to your doctor about an alternative prescription
rolate (oxycodone with 300 mg acetaminophen) solution	Pain control	Generic oxycodone and acetaminophen solution (with 325 mg acetaminophen per 5 ml)	Talk to your doctor about an alternative prescription
Seglentis (tramadol & celecoxib) tablet	Acute pain control	Generic tramadol and generic celecoxib	Talk to your doctor about an alternative prescription
/imovo (naproxen & esomeprazole) tablet	Osteoarthritis or Rheumatoid arthritis	Generic OTC or Rx NSAID (naproxen) + proton-pump inhibitor (esomeprazole)	Talk to your pharmacist about over-the-counter alternative
ivlodex (meloxicam) capsule	Osteoarthritis or Rheumatoid arthritis	Generic NSAID	Talk to your doctor about an alternative prescription
ipsor (diclofenac) capsule	Osteoarthritis or Rheumatoid arthritis	Generic OTC or Rx NSAID	Talk to your pharmacist about over-the-counter alternative
Cardiovascular Agents			
ntihyperlipidemic			<b>+</b> 11 ,
Atorvaliq (atorvastatin) suspension	High cholesterol	Generic Rx atorvastatin tablets	Talk to your doctor about an alternative prescription
enoglide (fenofibrate) 120mg tablet	High triglycerides	Other dosage forms and strengths of generic fenofibrate	Talk to your doctor about an alternative prescription
ovaza (omega-3-acid ethyl esters) capsule	High triglycorides	Generic OTC omega-3 fatty acids OTC Niacin	Talk to your pharmacist about over-the-counter alternative Talk to your pharmacist about over-the-counter alternative
liacor (niacin) tablet <i>iuretics</i>	High triglycerides	OTC MIDCH	Talk to your priarmacist about over-the-counter afternative
CaroSpir (spironolactone) suspension	Diuretic / cardiovascular agent	Generic Rx spironolactone tablets (can be compounded to liquid by a pharmacist)	Talk to your doctor about an alternative prescription
Central Nervous System Agents	Dialotto, caratovacoatar agont	Centerie fox opinionalizatione tableto (ean be compounded to inquid by a priarmaciety	rain to your about an alternative proceription
Antidepressive Agents			
Aplenzin (bupropion) ER tablet	Depression	Generic bupropion HCL ER or immediate release tablets	Talk to your doctor about an alternative prescription
uvelity (bupropion & dextromethorphan)	Depression	Generic buproprion xl tablet	Talk to your doctor about an alternative prescription
enlafaxine ER tablet	Depression/anxiety/social anxiety	Generic venlafaxine ER capsules or immediate release venlafaxine	Talk to your doctor about an alternative prescription
Anti-Parkinson Agents			
Bocovri (amantadine) ER capsule	Parkinson's tremors	Generic Rx immediate release amantadine	Talk to your doctor about an alternative prescription
Smolex ER (amantadine) ER tablet	Parkinson's tremors	Generic Rx immediate release amantadine	Talk to your doctor about an alternative prescription
ytary (carbidopa & levodopa) ER capsule	Parkinson's tremors	Generic Carbidopa-Levodopa ER tablets	Talk to your doctor about an alternative prescription
Attention-Deficit/Hyperactivity Disorder Agents			
nyda XR (clonidine HCl) ER suspension	Attention-deficit/hyperactivity disorder	Generic clonidine ER tablets	Talk to your doctor about an alternative prescription
lypnotics/Sedatives/Sleep Disorder Agents			
Edluar (zolpidem) SL tablet	Insomnia	Generic Rx zolpidem (Ambien)	Talk to your doctor about an alternative prescription
ntermezzo (zolpidem) SL tablet	Insomnia	Generic Rx zolpidem (Ambien)	Talk to your doctor about an alternative prescription
Aigraine Products			
		Generic OTC or Rx acetaminophen or NSAID; or other generic butalbital-acetaminophen	
Ilzital (acetaminophen & butalbital) tablet	Migraine relief	combination	Talk to your doctor about an alternative prescription
ambia (diclofenac) powder packet	Migraine relief	Generic Rx antimigraine agent such as sumatriptan (Imitrex)	Talk to your doctor about an alternative prescription
lyxyb (celecoxib) oral solution	Migraine relief	Generic OTC or Rx NSAID (such as celecoxib capsules or ibuprofen solution)	Talk to your doctor about an alternative prescription
nzetra Xsail (sumatriptan) nasal powder	Migraine relief	Generic Rx antimigraine agent such as sumatriptan (Imitrex)	Talk to your doctor about an alternative prescription
osymra (sumatriptan) nasal spray	Migraine relief	Generic Rx antimigraine agent such as sumatriptan (Imitrex)	Talk to your doctor about an alternative prescription
reximet (sumatriptan & naproxen) tablet	Migraine relief	Generic Rx sumatriptan (Imitrex) + as needed OTC NSAID (naproxen)	Talk to your doctor about an alternative prescription
embrace Symtouch (sumatriptan) sc inj	Migraine relief	Generic Rx antimigraine agent such as sumatriptan (Imitrex)	Talk to your doctor about an alternative prescription
lusculoskeletal Therapy Agents			<b>+</b> 11 .
mrix (cyclobenzaprine) ER capsule	Muscle relaxant	Generic Rx cyclobenzaprine (Flexeril)	Talk to your doctor about an alternative prescription
hlorzoxazone 250 mg tablet	Muscle relaxant	Immediate release cyclobenzaprine; Chlorzoxazone 500mg tab	Talk to your doctor about an alternative prescription
fexmid (cyclobenzaprine) 7.5 mg tablet	Muscle relaxant	Generic cyclobenzaprine 5mg or 10mg tablets	Talk to your doctor about an alternative prescription
orzone (chlorzoxazone) 375 mg and 750 mg tablets	Muscle relaxant	Immediate release cyclobenzaprine; Chlorzoxazone 500mg tab	Talk to your doctor about an alternative prescription
leurological Agents Eprontia (topiramate) oral solution	Migraine prevention or anticonvulsant	Generic Rx immediate release topiramate (Topamax)	Talk to your doctor about an alternative prescription
Gralise (gabapentin) ER tablet	Postherpetic neuralgia (nerve condition)	Generic Rx immediate release topiramate (Topamax)  Generic Rx immediate release gabapentin (Neurontin)	Talk to your doctor about an alternative prescription
Horizant (gabapentin) ER tablet	Postherpetic neuralgia (nerve condition)	Generic Rx immediate release gabapentin (Neurontin)  Generic Rx immediate release gabapentin (Neurontin)	Talk to your doctor about an alternative prescription
Qudexy (topiramate) XR sprinkle capsule	Migraine prevention or anticonvulsant	Generic Rx immediate release topiramate (Topamax)	Talk to your doctor about an alternative prescription
Quacky (topilalliate) All oblilliae oubduic	I vingi airic pi c v cittioni di airinggi vatati	TAILALLA LUCULIAMINTA LAIANAA TABILMILIMIA CLAMMILIMIA	WILL 14   AMI MARIOL MEANT HIL WILLIAM

<sup>\*</sup> Any current or future generic alternatives of the listed brand medications also are excluded.

## **Questions?**

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## Formulary Optimization for Low Clinical Value Medications



### Low Clinical Value Medications and Alternatives

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Our Low Clinical Value medication program provides protection to you by preventing unnecessary spending on high-cost medications with low clinical value compared to alternatives available in the market. Through your pharmacy benefit plan, we provide you with better alternatives —

qual or more effective medications at a lower cost.					
Excluded Medication*					
Brand name (generic name)	Use	Alternative Therapy	What You Should Do		
Permatological Agents					
cne Agents					
kklief (trifarotene) cream	Acne	Generic topical OTC adapalene 0.1%, generic topical tazarotene cream 0.1%, or tretinoin cream	Talk to your doctor about an alternative prescription		
mzeeq (minocycline) topical foam	Acne	Topical generic clindamycin 1% gel or lotion	Talk to your doctor about an alternative prescription		
oryx (doxycycline hyclate) DR tablet	Acne	Doxycycline Hyclate Immediate Release or doxycycline monohydrate IR	Talk to your doctor about an alternative prescription		
oryx MPC (doxycycline hyclate) DR tablet	Acne	Doxycycline Hyclate Immediate Release or doxycycline monohydrate IR	Talk to your doctor about an alternative prescription		
piduo Forte (adapalene & benzyl peroxide)	Topical antiseptic/acne	OTC adapalene (Differin gel) and benzoyl peroxide (Clean & Clear Persa-Gel 10)	Talk to your pharmacist about over-the-counter alternatives		
	Topical acne cream/rosacea inflammatory				
psolay (benzoyl peroxide) 5% cream	lesions	OTC benzoyl peroxide	Talk to your pharmacist about over-the-counter alternatives		
linolira (minocycline) ER	Acne	Generic immediate release minocycline tablets	Talk to your doctor about an alternative prescription		
argaDOX (doxycycline) tablet	Acne	Doxycycline Hyclate 50 mg tablet	Talk to your doctor about an alternative prescription		
wyneo (tretinoin & benzoyl peroxide)	Acne	Generic tretinoin cream and OTC benzoyl peroxide	Talk to your doctor about alternative prescriptions		
imino (minocycline) ER capsule  ntifungal Agents	Acne	Generic immediate release minocycline tablets	Talk to your doctor about an alternative prescription		
ublia (efinaconazole) solution	Toe nail fungus	Oral generic Rx terbinafine (Lamisil)	Talk to your doctor about an alternative prescription		
erydin (tavaborole) solution	Toe nail fungus	Oral generic Rx terbinafine (Lamisil)	Talk to your doctor about an alternative prescription		
uzu (luliconazole) 1% cream	Topical antifungal	Topical OTC antifungal such as Lotrimin or topical generic Rx such as ketoconazole	Talk to your pharmacist about over-the-counter alternatives		
fusion (miconazole & zinc oxide)	Topical antifungal	OTC Desitin + OTC miconazole cream	Talk to your pharmacist about over-the-counter alternatives		
olegel (ketoconazole) 2% gel (including combination products)  ntiviralAgents	Topical antifungal	Topical OTC antifungal such as Lotrimin or topical generic Rx such as ketoconazole	Talk to your doctor about an alternative prescription		
enavir (penciclovir) cream	Herpes labialis (cold sores)	Generic acyclovir ointment	Talk to your doctor about an alternative prescription		
itavig (acyclovir) buccal tablet	Oral antiviral (treatment for cold sores)	OTC topical antiviral (Abreva)	Talk to your pharmacist about over-the-counter alternatives		
/ 1 ' 0   1 ' ' ' '	Topical antiviral and steroid (treatment for		<b>+</b> 11 · · · · · · · · · · · · · · · · · ·		
erese (acyclovir & hydrocortisone) cream	cold sores)	Acyclovir ointment 5% plus OTC 1% hydrocortisone ointment	Talk to your doctor about an alternative prescription		
kin Lubricants, Moisturizers, or Barriers		OTO topical lide saine with are allient and a self-sailing an Assembly			
laderm Plus	Skin lubricant, moisturizer, or barrier	OTC topical lidocaine with emollient such as Vaseline or Aquaphor	Talk to your pharmacist about over-the-counter alternatives		
eracade mulaion SP	Skin lubricant, moisturizer, or barrier	OTC topical emollient such as Vaseline, Aquaphor, or Aloe	Talk to your pharmacist about over-the-counter alternatives		
mulsion SB	Skin lubricant, moisturizer, or barrier	OTC topical emollient such as Vaseline, Aquaphor, or Aloe	Talk to your pharmacist about over-the-counter alternatives		
ntty emulsion spray piCeram Skin Barrier	Skin lubricant, moisturizer, or barrier Skin lubricant, moisturizer, or barrier	OTC topical emollient such as Vaseline, Aquaphor, or Aloe OTC topical emollient such as Vaseline, Aquaphor, or Aloe	Talk to your pharmacist about over-the-counter alternatives  Talk to your pharmacist about over-the-counter alternatives		
derm	Skin lubricant, moisturizer, or barrier	OTC topical emolient such as vaseline, Aquaphor, or Aloe OTC topical lidocaine with emollient such as Vaseline or Aquaphor	Talk to your pharmacist about over-the-counter alternatives  Talk to your pharmacist about over-the-counter alternatives		
amDoy Rx skin emulsion	Skin lubricant, moisturizer, or barrier	OTC topical lidocaine with emollient such as Vaseline or Aquaphor	Talk to your pharmacist about over-the-counter alternatives  Talk to your pharmacist about over-the-counter alternatives		
enlen	Skin lubricant, moisturizer, or barrier	OTC topical indocame with emoment such as vaseline of Aquaphor  OTC topical emollient such as Vaseline, Aquaphor, or Aloe	Talk to your pharmacist about over-the-counter alternatives  Talk to your pharmacist about over-the-counter alternatives		
rudoxin (doxepin) 5% cream	Topical emollient	OTC diphenhydramine or topical OTC or Rx steroid cream	Talk to your pharmacist about over-the-counter alternatives  Talk to your pharmacist about over-the-counter alternatives		
ynerderm emulsion	Topical emollient	OTC topical emollient such as Vaseline, Aquaphor, or Aloe	Talk to your pharmacist about over-the-counter alternatives		
ound dressings - all product types	Topical emollient	OTC Duoderm products	Talk to your pharmacist about over-the-counter alternatives		
onalon (doxepin) 5% cream	Topical emollient	OTC diphenhydramine or topical OTC or Rx steroid cream	Talk to your pharmacist about over-the-counter alternatives		
opical Steroids			, , ,		
lcortin A (iodoquinol & hydrocortisone) external gel	Non-inflammatory skin disease	Generic Rx iodoquinol / hydrocortisone (Dermazene or Vytone)	Talk to your doctor about an alternative prescription		
ryhali (halobetasol) 0.01% lotion	Topical steroid lotion	Generic Rx topical steroid such as clobetasol or alternate halobetasol formulation	Talk to your doctor about an alternative prescription		
ordran (flurandrenolide) cream, lotion, ointment, & tape	Topical steroid	Generic Rx topical steroid such as clobetasol or halobetasol formulation	Talk to your doctor about an alternative prescription		
uobrii (halobetasol & tazarotene)	Topical steroid	Generic Rx topical steroid such as halobetasol or clobetasol + tazarotene	Talk to your doctor about an alternative prescription		
2.2 (	. 56.531 51510	Generic Rx topical steroid such as halobetasor or clobetasor real tazarotene  Generic Rx topical steroid in cream or lotion formulation such as betamethasone 0.1% or	. a to jour about an alternative precomption		
enalog (triamcinolone) spray	Topical steroid spray	fluticasone	Talk to your doctor about an alternative prescription		
ramosone (pramoxine & hydrocortisone) cream	Non-inflammatory skin disease	Generic Rx topical corticosteroid or OTC Preparation H	Talk to your pharmacist about over-the-counter alternatives		
sorcon (diflorasone) cream	Topical steroid	Generic Rx topical steroid such as betamethasone cream or ointment or fluticasone ointment	Talk to your doctor about an alternative prescription		
, ,		Generic Rx topical steroid in cream or lotion formulation such as betamethasone 0.1% or	,		
ernivo (betamethasone)	Topical steroid	fluticasone	Talk to your doctor about an alternative prescription		
/ynzora (calcipotriene and betamethasone) cream	Topical steroid	Generic Rx topical calcipotriene and betamethasone ointment	Talk to your doctor about an alternative prescription		
· · ·	ι ορισαι στοισια	Ochero IIX topical calcipothere and betamethasone untilitelit	rain to your doctor about an afternative prescription		
opical - Other Agents	Tonical steroid/analgesic/anti-	Generic OTC tonical analogoice corticostoroide or anti-inflammatory DLUS bydrating agents like			
DermacinRx - all product extensions/types	Topical steroid/analgesic/anti- inflammatory	Generic OTC topical analgesics, corticosteroids, or anti-inflammatory PLUS hydrating agents like petroleum jelly	Talk to your doctor about an alternative prescription		
•	IIIII		rain to your about an alternative prescription		
ndocrine and Metabolic Agents					
ntidiabetics					
ortamet (metformin, ER, osmotic release)	Oral antidiabetic agent	Generic Rx metformin ER (Glucophage XR formulation)	Talk to your doctor about an alternative prescription		
limepiride 3 mg tablet	Oral antidiabetic agent	Generic glimepiride 1 mg, 2 mg, or 4 mg tablets	Talk to your doctor about an alternative prescription		
lumetza (metformin, ER modified release)	Oral antidiabetic agent	Generic Rx metformin ER (Glucophage XR formulation)	Talk to your doctor about an alternative prescription		
orticosteroids					
emady (dexamethasone) tablet	Steroidal anti-inflammatory	Generic Rx dexamethasone tablet	Talk to your doctor about an alternative prescription		
	•				
Rayos (prednisone, DR) tablet	Steroidal anti-inflammatory	Generic Rx prednisone or methylprednisolone	Talk to your doctor about an alternative prescription		

<sup>\*</sup> Any current or future generic alternatives of the listed brand medications also are excluded.

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<sup>\*\*</sup>All formulations of DermacinRx are excluded, alternatives will be dependent upon individual formulation.



## Formulary Optimization for Low Clinical Value Medications



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Our Low Clinical Value Medications and Alternatives
Our Low Clinical Value medication program provides protection to you by preventing unnecessary spending on high-cost medications with low clinical value compared to alternatives available in the market. Through your pharmacy benefit plan, we provide you with better alternatives equal or more effective medications at a lower cost.

equal or more effective medications at a lower cost.  Excluded Medication*			
Brand name (generic name)	Use	Alternative Therapy	What You Should Do
Gastrointestinal Agents			
Bonjesta (doxylamine & pyridoxine) tablet	Nausea/vomiting	OTC vitamin B6 + Unisom	Talk to your pharmacist about over-the-counter alternatives
	Indigestion/Gastroesophageal reflux		
Dexilant (dexlansoprazole) capsule	disease	Generic Rx or OTC proton-pump inhibitor	Talk to your pharmacist about over-the-counter alternatives
Diclegis (doxylamine & pyridoxine) tablet	Nausea/vomiting	OTC vitamin B6 + Unisom	Talk to your pharmacist about over-the-counter alternatives
Glycate (glycopyrrolate) 1.5 mg tablet	Ulcer adjunctive therapy	glycopyrrolate 1 mg or 2 mg tablet	Talk to your doctor about an alternative prescription
actulose 10 gram packet	Constipation/Hepatic encephalopathy	Generic lactulose 10 grams per 15 mL solution	Talk to your doctor about an alternative prescription
Zegerid (omeprazole & sodium bicarbonate) capsule	Heart burn	Generic Rx or OTC proton-pump inhibitor + OTC Tums	Talk to your pharmacist about over-the-counter alternatives
Hematological Agents			
	Secondary prevention of cardiovascular		- 11
osprala (aspirin & omeprazole) tablet	event	Generic OTC aspirin + OTC omeprazole (Prilosec)	Talk to your pharmacist about over-the-counter alternatives
Nutrients and Nutritional Agents			
Dietary Management agents	B: .		+ U
such as Vasculera, Xyzbac, and others)	Dietary supplement	OTC multivitamin plus OTC CoQ10 + Rx folic acid	Talk to your pharmacist about over-the-counter alternatives
olic Acid/Vitamin D supplements			
such as Folixapure, Folixate, Foltrexyl, and others)	Folic Acid/Vitamin D Supplement	OTC oral vitamin D + Rx folic acid	Talk to your pharmacist about over-the-counter alternatives
Multi-vitamin dietary supplements (such as One-A-Day, Thera-tab, Therems, and others)	Dietary aupplement	OTC multivitamin plus OTC CoQ10 + Rx folic acid	Talk to your pharmagist about over the counter alternatives
•	Dietary supplement	·	Talk to your pharmacist about over-the-counter alternatives
Nascobal (cyanocobalamin) nasal solution	Vitamin B-12 supplement	OTC oral vitamin B-12 or Rx injectable vitamin B-12	Talk to your pharmacist about over-the-counter alternatives
Ophthalmic and Otic Agents			
Cequa (cyclosporine) 0.09% ophthalmic solution	Dry eye relief	OTC ophthalmic lubricants	Talk to your pharmacist about over-the-counter alternatives
			Talk to your pharmacist about over-the-counter alternatives and you
Miebo (perfluorohexyloctane) ophthalmic solution	Dry eye relief	OTC eye lubricant and generic Rx cyclosporine eye drops	doctor about an alternative prescription
yrvaya (varenicline) nasal solution	Dry eye relief	OTC ophthalmic lubricants	Talk to your pharmacist about over-the-counter alternatives
/uity (pilocarpine) 1.25% ophthalmic solution	Age-related blurry near vision	Generic Rx pilocarpine eye drops 1% or corrective lenses	Talk to your doctor about an alternative prescription
/yzulta (latanoprostene) 0.024% ophthalmic solution	Glaucoma	Generic Rx latanoprost (Xalatan)	Talk to your doctor about an alternative prescription
Kelpros (latanoprost) 0.005% ophthalmic emulsion	Glaucoma	Generic Rx latanoprost (Xalatan)	Talk to your doctor about an alternative prescription
(iidra (lifitegrast) 5% ophthalmic solution	Dry eye disease	OTC ophthalmic antihistamine or lubricant or Rx generic antihistamine	Talk to your pharmacist about over-the-counter alternatives
Respiratory Agents			
Cough/Cold/Allergy/Antihistamine			
Ryclora (dexchlorpheniramine maleate) oral solution	Allergy relief	OTC or generic Rx antihistamine	Talk to your pharmacist about over-the-counter alternatives
Ryvent (carbinoxamine maleate) 6 mg tablet	Allergy relief	OTC antihistamine	Talk to your pharmacist about over-the-counter alternatives
Nasal Agents - Systemic and Topical			
Sinuva (mometasone) nasal implant	Nasal polyps	OTC fluticasone (Flonase) nasal spray or oral antihistamine + decongestant	Talk to your pharmacist about over-the-counter alternatives
Xhance (fluticasone) nasal spray	Allergy relief	OTC fluticasone (Flonase) nasal spray or oral antihistamine + decongestant	Talk to your pharmacist about over-the-counter alternatives

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