

Getting to Know Adventists

INTRODUCTION

The early Adventist pioneers named their faith community the Seventh-day Adventist Church. They chose the “Seventh-day” part of the name because it describes the sacred day God set aside to spend with Adam and Eve. It’s a special time to celebrate love for others and love for God, through worship and reflection. They included the word “Adventist” as a hope-filled reminder of Christ’s promised return—His second advent.

1 LEADER PREPARATION

Read the introduction and objective, watch the video and review the discussion/contemplation section prior to sharing with your team members. Invite them to think about their perspectives and be prepared to share yours.

2 OBJECTIVE

Share the beliefs that make the Seventh-day Adventist Church unique, including the church’s focus on healthful living and how it is expressed.

3 VIDEO



Getting to Know Adventists
2:30 minutes
youtu.be/vyST5U8VeGo

4 DISCUSSION/CONTEMPLATION

- Tens of thousands of people representing a variety of faith traditions and worldviews have chosen to work for AdventHealth, a health ministry expression of the Seventh-day Adventist Church. Why have you chosen to do so?
- Consider the elements of CREATION Life: Choice, Rest, Environment, Activity, Trust in God, Interpersonal Relationships, Outlook and Nutrition. Which principle would you like to give more attention to in your life?

COMPASSION IN ACTION

You’ve heard the expression, “actions speak louder than words.” It reminds us to be aware of how our actions are received by others. Is what we communicate through our actions helping people or hurting them? Today, seek to show love, patience and grace by the way you speak to and treat others.

PRAYER/REFLECTION

Jesus declared that His objective was to help humans experience a more abundant life. He also invited others to continue what He had started—which is what extending the healing ministry of Christ is all about. May my interactions with others today demonstrate a level of love and concern that leads to hope, healing and health in patients. And may it inspire optimism, joy and a sense of fulfillment and reward in my fellow team members.