

Mentoring Program



Finding comfort in talking with people who have been in your shoes.

Mentors talk with patients and families at AdventHealth for Children about what it's like to go through treatment of an illness or disease and the daily life that follows. These conversations can bring understanding during difficult times and encourage and empower patients and families. Volunteers receive training, regular reviews and supervision from licensed clinical social workers.

Why do we need this program?

- Peer support offers a real-life perspective, a view only an experienced patient or family member can provide.
- Receiving emotional support from peers can result in meaningful connections. Talking about general health experiences also offers needed encouragement in difficult times.

For more information:

Jeffrey Cousins at (407) 303-5600 Ext. 112-2279 or jeff.cousins@adventhealth.com

Important note: While mentors offer an additional source of emotional support, it is not an appropriate source for important medical questions or concerns. Speak with your health care provider when you have questions or concerns about your specific health condition.