



# CANDIED APPLE SLICES

SERVES: 4

PREP TIME: 10 MINUTES

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## INGREDIENTS:

Medium - apples (red and green)

1 tablespoon per apple - peanut butter (or alternate seed butter or cream cheese), all-natural

1 cup - granola

## DIRECTIONS:

1. Core apples and cut into slices (done ahead of time)
  2. Soak cored and sliced apples in a bowl for a few minutes with cold water and a few drops of lemon juice (done ahead of time)
  3. Dry thoroughly with paper towels before putting on any spread
  4. Spread each slice with peanut butter (or alternate seed butter or cream cheese) and sprinkle with granola or other toppings.
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Recipe created by Super Health Kids. To view the full recipe please visit:  
<https://www.superhealthykids.com/apple-wedges-for-dessert/> 1/1