

CAFÉ MENU

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Marsala	Jerk Seasoned Roasted Chicken	Corned Beef Brisket	Potato-Cheddar Crusted Cod	Beef Meatloaf	Seared Flank Steak	Grilled Tandoori Chicken
Eggplant Parmigiana	Grilled Tofu Sandwich	Prime Steaks Peppers~Onions	Baked Stuffed Sweet Potato	Stuffed Bell Pepper	Quinoa~Couscous Asparagus~Spinach	Vegan Tofu Korma with Kale
Roast Green Beans	Roasted Sweet Potatoes	Roasted Brussels Sprouts	Cauliflower Sri Racha Aioli	Mashed Potatoes Cornbread	Roast Squash~Zucchini	Fresh Steamed Veggies
Roast Cauliflower Parmesean Cheese	Sauteed Greens	Fresh Steamed Green Beans	Steamed Broccoli Stuffed Swt Potato	Macaroni n' Cheese	Steamed Broccoli Carrots~Cauliflower	Plain Basmati Rice
Penne Pasta Garlic Bread	Black Beans Saffron Rice	Steamed Carrots Red Potatoes	Beef Burgers Veggie Burgers	Fried Chicken Pinto Beans	Wings Buffalo & Garlic	Chickpeas/Potatoes Mini Naan Bread
Alfredo ~ Meat Marinara Sauces	Battered Cod Hush Puppies	Chicken Sandwich Potato Wedges	Wild Rice Pilaf	Honey-Cider Collard Greens	Sweet Potato Fries	Baked Potato Chicken Tenders
<u>Soups & Stews</u> Minestrone Soup	<u>Soups & Stews</u> Roasted Red Pepper Bisque	<u>Soups & Stews</u> New England Fish Chowder	<u>Soups & Stews</u> Vegetable Beef Soup	<u>Soups & Stews</u> Cream of Asparagus	<u>Soups & Stews</u>	<u>Soups & Stews</u> Beef Chili Con Carne
Tuscan Bean Stew	Caribbean Vegetable Stew	Moroccan Lentil Soup	Vegetable Soup	Chickpea Noodle Soup	Tomato Florentine	Vegetarian Chili
31	1	2	3	4	5	6

October 31 – November 5

