

# Café Menu

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
General Tso's Chicken	Beef Pot Roast & Gravy	Grilled Chicken Breast	Chicken & Dumplings	Blackened Chicken	Slow-Roasted Top Round	Beef Taco Filling
General Tso's Meatless Chicken	Chick Pea Loaf & Gravy	Baked Stuff Shells	Grilled Ciabatta Cremini Mushroom	Meatless Seitan BBQ	Portabello's w/ Spinach & Cheese	Butternut Squash Taco
Stir-fried Noodles Carrots~Snow Peas	Mashed Potatoes	Sauteed Spinach Cabbage & Kale	Roast Green Beans Almondine	Jambalaya Smoked Chicken and Cod	Steamed Broccoli & Cauliflower	Fish Taco Cilantro Slaw
Vegetarian Fried Rice	Smothered Green Beans	Roast Rutabagas w/Creamed Leeks	Black Eyed Peas Wild Rice Pilaf	Jalapeno Cheddar Grits	All Beef Pretzel Dog	Fajita Style Vegetables
Egg Rolls Potstickers	Cauliflower & Cheddar Bake	Beef Burgers	Steamed Broccoli Cheese Sauce	Cajun Seasoned Red Beans	Au Gratin Potatoes	Pinto Beans
Steamed Broccoli	Chicken Tenders French Fries	French Fries Garlic Mashed	Beef Corn Dogs Baked Potato	Potato Wedges	Roast Butternut Squash	Tortilla Chips Nacho Cheese
<u>Soups &amp; Stews</u> Egg Drop Soup	<u>Soups &amp; Stews</u> Roasted Red Pepper Bisque	<u>Soups &amp; Stews</u> Vegetable Beef Soup	<u>Soups &amp; Stews</u> Chili Con Carne	<u>Soups &amp; Stews</u> Chicken Noodle Soup	<u>Soups &amp; Stews</u> Chicken Rice Soup	<u>Soups &amp; Stews</u> Poblano Corn Chowder
Miso and Vegetable Soup	Vegan Split Pea Soup	Vegetable Soup	Vegetarian Chili	Vegan Gumbo	Pasta Soup	Smoky Southwestern Soup
24	25	26	27	28	29	30

**October 24 – October 30**

