

BONE DENSITY QUESTIONNAIRE

Name _____ Date _____ Female Male Age _____

Weight _____ Mature Adult Height _____ Present Height _____

Ethnic Group: Caucasian Black Asian Hispanic Other _____

	<u>YES</u>	<u>NO</u>
Is there a chance that you are pregnant?	<input type="checkbox"/>	<input type="checkbox"/>
Contrast Studies in the last 2 weeks (Barium, CT, PET, Nuc Med, MRI)?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had a bone density test?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever broken any bones as an adult?	<input type="checkbox"/>	<input type="checkbox"/>
If yes, Which bones _____ Date _____ How did it happen _____		
Have you ever had surgery of the spine (Low/Mid/Upper Back)?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had surgery of the hips (Right or Left)?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had Vertebroplasty or Kyphoplasty?	<input type="checkbox"/>	<input type="checkbox"/>
Are you currently a smoker?	<input type="checkbox"/>	<input type="checkbox"/>
Do you consume 3 or more alcoholic beverages per day?	<input type="checkbox"/>	<input type="checkbox"/>
Did your biological Father or Mother fracture their hip?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Right-Handed <input type="checkbox"/> Left-Handed		

Have you ever been diagnosed with or had:

- | | | |
|--|---|--|
| <input type="checkbox"/> Osteopenia/Osteoporosis | <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Thyroid Disease/dysfunction |
| <input type="checkbox"/> Crohn's Disease | <input type="checkbox"/> Parathyroid Disease | <input type="checkbox"/> Ulcerative Colitis |
| <input type="checkbox"/> Low Vitamin D | <input type="checkbox"/> Cushing's Syndrome | |
| <input type="checkbox"/> Organ Transplant | <input type="checkbox"/> Anorexia Nervosa/Bulimia | |
| <input type="checkbox"/> Breast Cancer | <input type="checkbox"/> Other Type of Cancer List: _____ | |

Have you been treated with any of the following medications? (Please check if applicable)

Medication	Ever	Current	Medication	Ever	Current
Fosamax (Alendronate)	<input type="checkbox"/>	<input type="checkbox"/>	Hormone Replacement Therapy (Estrogen)	<input type="checkbox"/>	<input type="checkbox"/>
Actonel (Risedronate)	<input type="checkbox"/>	<input type="checkbox"/>	Tamoxifen (Nolvadex)	<input type="checkbox"/>	<input type="checkbox"/>
Boniva (Ibandronate)	<input type="checkbox"/>	<input type="checkbox"/>	Arimidex (Anastrozole)	<input type="checkbox"/>	<input type="checkbox"/>
Prolia (Denosumab)	<input type="checkbox"/>	<input type="checkbox"/>	Femara (Letrozole)	<input type="checkbox"/>	<input type="checkbox"/>
Reclast (Zoledronate)	<input type="checkbox"/>	<input type="checkbox"/>	Aromasin (Exemestane)	<input type="checkbox"/>	<input type="checkbox"/>
Forteo (Teriparatide)	<input type="checkbox"/>	<input type="checkbox"/>	Chemotherapy	<input type="checkbox"/>	<input type="checkbox"/>
Evista (Raloxifene)	<input type="checkbox"/>	<input type="checkbox"/>	Synthroid (Levothyroxine)	<input type="checkbox"/>	<input type="checkbox"/>
Miacalcin (Calcitonin)	<input type="checkbox"/>	<input type="checkbox"/>	Dilantin/Phenobarbital	<input type="checkbox"/>	<input type="checkbox"/>
Calcium/Vitamin D	<input type="checkbox"/>	<input type="checkbox"/>	Steroids (Prednisone) dosage _____ mg	<input type="checkbox"/>	<input type="checkbox"/>

For Women Only...Menstrual History

	YES	NO	
Are you still having menstrual periods?	<input type="checkbox"/>	<input type="checkbox"/>	
Have you gone through menopause?	<input type="checkbox"/>	<input type="checkbox"/>	age _____
Have you had a hysterectomy?	<input type="checkbox"/>	<input type="checkbox"/>	age _____
Have you had both of your ovaries removed?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Right <input type="checkbox"/> Left

For Men Only...

Have you had Prostate Cancer? Yes No If yes, Medication: _____

Completed by: _____ Date _____ Time: _____

