The AdventHealth Orlando Wellness Center has instituted the following safety measures in accordance with the most current hospital and CDC guidelines in order to minimize risk and ensure the health and safety of our members, staff, and guests. These rules and standards, as well as signs promoting sanitation and social distancing, are posted at the front and around the facility, as well as on our website and social media pages.

**Increased Sanitary Standards:**
- Temperature checks are required upon entry.
- Multiple (7) hand sanitizer stations are available throughout the facility.
- All staff members are required to wear a mask or facial coverings at all times.
- Multicide disinfectant spray is available in each room for members to sanitize machines before and after use.
- Individual restrooms are available for hand-washing.

**Increased Cleaning:**
- Staff wipes down equipment, machines, and common areas using EPA-approved Multicide (virucide, fungicide, disinfectant) spray, 2Xl disinfesting Gym Wipes, and Sani-Cloth germicidal wipes at routine hourly intervals.
- We have increased cleaning during peak hours.
- A midday closure for an additional hour-long deep cleaning to allow for supplemental disinfecting time between use.
- Nightly cleaning by custodial staff.

**To promote social distancing:**
- Limited gym capacity to 50% (36 people total).
- Equipment and machines have been spaced out 6ft or more from each other.
- Removed chairs from waiting area to discourage/eliminate unnecessary gatherings or loitering.
- Group classes limited to 8 people to ensure 6ft spacing (classes restarted Jun 15; Group class attendance is regulated by online registration).