# **Preventing Healthcare-Associated Infections**

## **CLEAN HANDS COUNT!**

Hand hygiene is the number one way to prevent healthcare-associated infections. It's a simple yet effective way to prevent the spread of germs and infections in healthcare settings. At AdventHealth Tampa, keeping patients safe is our top priority.

### **5 Moments for Hand Hygiene**

- Before touching a patient
- Before a procedure
- After body fluid exposure
- After touching a patient
- After touching a patient's surroundings

Did you know: Healthcare providers might need to clean their hands as many as 100 times per 12-hour shift, depending on the number of patients and intensity of care.

## **Our Hand Hygiene Pledge**

We are committed to continuously improving hand hygiene compliance to keep our patients, visitors, and healthcare team safe.

All Team Members have taken the pledge to practice proper hand hygiene to show our community that we care about their health.

#### **Our Commitment for Improvement:**

- Increase hand hygiene observations based on monthly occupancy rates or procedure/patient volumes up to a minimum of 200 observations a month in larger patient care units.
- Hospital rounds to ensure that hand sanitizer is located at the entrance and inside each patient care unit room/bedspace for team members, patients, and visitors to use.
- Encourage team members, patients, and visitors to speak up if they notice hand hygiene is not being performed.

Tampa

