

Thank you for submitting the pre-admission information for your upcoming delivery. We are honored that you have chosen AdventHealth South Overland Park Birth Center to be part of this special moment in the lives of you and your family.

The next step in preparing for your baby's birth is to set up an appointment with one of our Maternity Navigators. When you are approximately 32 weeks into your pregnancy, please call our scheduling line at **913-373-6160** or email us at SOP.maternity.navigators@adventhealth.com. We have appointments available during the day, evenings and weekends so you can choose a time that is convenient for you.

Your appointment with your Maternity Navigator will last about one hour. During this time, we will get your detailed health history, and have you sign any paperwork that will be needed when you deliver your baby. By doing this ahead of time, you will minimize the paperwork that needs to be completed at time of delivery. You will have the opportunity to tour our labor and delivery and postpartum units during your visit. We encourage you to bring your support person and any questions you may have!

Our Maternity Navigators are all registered nurses with extensive experience in obstetrics and newborn care. We are here to discuss any special concerns or needs that you and your family may have related to your delivery experience. We work closely with our anesthesia, social services, lactation and our neonatal intensive care departments to coordinate your care and address any special needs that you and your baby may have.

Congratulations! We look forward to meeting you and working together to ensure that your birth experience is everything you are expecting and more.

Sincerely,

Our Maternity Navigator Team