### Priority Area 4: Older Adults & Aging

#### Need Statement
Based on input and data, 65+ population is growing at a faster pace than most other age groups. This will bring new health challenges planning for HP 2020.

#### Goals
- Promote safe living environments for aging population
- Educate older adults on topics specific to aging in a healthy way

#### Strategic Alignment
Older adults are among the fastest growing age group and are at high risk for developing chronic illness and related disabilities. The HP2020 goal is to improve the health, function, and quality of life of older adults.

#### Resources
Staff & volunteers, budget, community, partners, TBD

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| 1) Put the care in the communities of the underserved | 1) Through Stroke, Chest Pain, and Trauma seminars educate seniors on healthy living activity and environment | Donielle Halvorsen | • Provide 2 Stroke and Heart Health Screening Events per year  
• Provide 2 Safe Environment (Trauma avoidance) courses per year | • Improved education on how to avoid accidents  
• New social circles developed among engaged older adults  
• Population is familiar with the signs and symptoms of Stroke (FAST) and Heart Attacks | • Increase the number of older adults engaging with the hospital on education and prevention.  
• Evidence through shared stories of an educated senior population (i.e.: calling 911 at first signs of stroke). |  
• Overall reduction in avoidable accidents/falls due to unsafe environment  
• Older adults view hospital as a community resource for health education, social interaction, and wellness. |
| | 2) Utilize Hospital’s Senior Class program to offer social, educational, and development activities for Older Adults | Vanessa Overstreet | • Provide at least 6 Senior Education Classes per year, including social, screening, and educational activities | | | |

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