

Grief Support Programs

July - August – September

Six-week Support Groups

Horizons Bereavement Center
480 W. Central Parkway, Altamonte Springs

Adults - 11am to 12:30pm
Thursdays, Aug 22 thru Sept 26

Young Widow & Widower - 5:30 to 6:45pm
Thursdays, Aug 1 thru Sep 5

Senior Widow & Widower - 11am to 12:30pm
Wednesdays, July 17 thru Sept 4 (no group Aug 14)

On-going Support Groups

Horizons Bereavement Center
480 W. Central Parkway, Altamonte Springs

DAY 11am to 12:30pm. 1st & 3rd Mondays
Jul 1 & 15, Aug 5 & 19, Sept 16 (no group Labor Day)

EVENING 5:30 to 6:45pm. 1st & 3rd Wednesdays
Jul 3 & 17, Aug 7 & 21, Sept 4 & 18

Anticipatory Grief Support for Caregivers

11am to 12:30pm. 2nd & 4th Tuesdays
Jul 9 & 23, Aug 13 & 27, Sep 10 & 24

Free and Open to Community Members
Registration Required for All Groups
407-379-0490

Social Groups

Women's Lunch Bunch

Call 407-379-0490 to confirm location.
3rd Fridays, July 19, Aug 16, Sept 20 at 11:30am.

Men's Breakfast Group - Denny's Restaurant

255 E. Altamonte Dr., Altamonte Springs
1st and 3rd Fridays at 9am.
Call 407-682-0808, ext. 1213.

Comfort Foods Potluck and Social

AdventHealth Hospice Care, Board Room
480 W. Central Parkway, Altamonte Springs
Monday, September 9th from 6:30 to 7:30pm
RSVP 407-379-0490. Following the Educational Workshop

Workshops & Events

Memorial Service & Reception

Circle of Healing, Circle of Hope
First Congregational Church
225 S. Interlachen Ave., Winter Park
Tuesday, Oct 22nd at 7pm
RSVP 407-379-0179, ext. 6724

Camp Healing Hearts

Saturday, Nov 16th from 10am to 3:30pm
Grace Covenant Presbyterian Church
1655 Peel Avenue, Orlando
Free one-day bereavement camp for students
ages 7 to 18 who have experienced the death of
a loved one. For information, call 407-379-0497.

Educational Workshop

Grieving...What is Normal?

AdventHealth Hospice Care, Board Room
480 W. Central Parkway, Altamonte Springs
Monday, September 9th from 5:30 to 6:30pm
RSVP 407-379-0490. Followed by Comfort Foods Potluck

Get updates on grief support groups & events on
[Facebook/AdventHealthHospiceCareCentralFlorida](https://www.facebook.com/AdventHealthHospiceCareCentralFlorida)