



*Make God Your Cornerstone*  
in the fast pace of life

# WHAT YOU NEED TO KNOW

Let's face it. Life is busy. Every day brings new demands, whether you are a single woman, mom, wife, working professional, grandmother, or some combination of the above. It's often hard to find time to bring a little encouragement into your day. If that description sounds familiar, the ***CREATION Health Devotional for Women*** was written with you in mind! Featuring 56 devotionals from 45 authors, this beautifully written and illustrated devotional is the perfect gift for helping you find balance, peace, and joy in a swiftly moving world.

In the ***CREATION Health Devotional for Women*** you'll find writers who struggle with the same difficulties and disappointments you do. In these pages they offer their best insights, inspiration, encouragement, perspectives, and Biblical guidance for every stage of life.

The ***CREATION Health Devotional for Women*** is the perfect way to start or end your day. Why not find a quiet moment before your day begins, or take time to slow down as your day draws to a close, and focus on stories and messages that illuminate the power of health, healing, and hope.

In John 10:10 Jesus said, "I have come that they may have life, and that they may have it more abundantly." As you dive into the ***CREATION Health Devotional for Women*** you'll quickly see these writers are committed to living life to the fullest just as Jesus promised. So share the journey and ask yourself, "What would it take for me to live life to the fullest?"

## IN THIS DEVOTIONAL YOU WILL:

- Understand how to make trust in God the cornerstone of your spiritual walk no matter what uncertainty lies ahead.
- Witness how God can use the smallest things to give you the message of hope you need today.
- Find out how comforting God's voice can be once we take the time to slow down, and listen.
- Come to recognize that God is present, even in the mundane things we might consider insignificant and ordinary.
- Discover the power of CREATION Health to change the way you think about being whole in mind, body, and spirit.
- Learn how to find the light of hope even in dark places.



# PUBLICATION INFORMATION

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## MEET THE AUTHORS

**Sara Alsup** has been teaching Bible studies for about 15 years and speaks regularly as part of a spiritual retreat ministry.

**Monica Ames** is the VBS director at her church and serves as a women's ministry board member

**Carla Baker** serves as director of the women's ministry in Silver Spring, Maryland.

**Gladys Joy! Bazemore** became a full-time literature evangelist in Georgia. She lives and works in Oklahoma.

**Patrice Bodi** lives in Michigan and was active in women's ministries for 20 years. She has visited all seven continents. Walking with Jesus is her passion.

**Laura L. Bradford** writings have been published in several inspirational anthologies compiled by *Guidepost*, *Chicken Soup for the Soul*, and *A Cup of Comfort*.

**Dawn S. Brown** and her family live in Orlando and are committed to living the CREATION Health principles.

**Dorothy L. Brown** served as a registered nurse for about thirty years, with most of her experience in mental health.

**Alicia Bruxvoort** is a writer and speaker who is passionate about helping women find true life in Christ. She blogs at [www.AliciaBruxvoort.net](http://www.AliciaBruxvoort.net)

**Lisa Clouzet** is a chaplain and licensed counselor currently teaching at Andrews University (Seminary) in Berrien Springs, MI.

*“God must shake his head in amazement when we fail to take advantage of the peace that comes from trusting in his tender care.”*

– Carla Baker



*“I have found  
'mothering' to be  
the place where  
I learn the most  
about God's  
'Fathering.'”*

– Jean Thomason



## MEET THE AUTHORS

**Joanne Cortes** and her husband serve in pastoral ministry. She says that her main desire is to be a reflection of Jesus and share his love.

**Terry Cruze** is a nurse and author of three books *Finding Peace in the Mist of Chaos*, *If God is Love, Why all the Pain?* and *Joy for the Troubled Heart*.

**Dorothy Davis** is a retired elementary school teacher. She serves as a mentor for a Christian school in Gary, Indiana.

**Lizbeth Fernandez** is the mother of a beautiful girl who has Down Syndrome. She makes her home in Orlando.

**Lylan Shepherd Fitzgerald** is a Licensed Massage Therapist who enjoys writing. She is also active in Women's Ministry.

**Ana Boudet Forman** has taught religion to middle school students for more than twenty years. She enjoys reading, “deep, change the world” conversations, and Florida Gator football.

**Delores Francois** and her husband live in Huntsville, Alabama. She enjoys writing, photography and spending time with her grandchildren.

**Noni Beth Gibbs**, author of two books, *Malchus: Touched by Jesus*, and *Peter: Fisher of Men*, lives in Montana with her husband and three children.

**Jenni Glass** lives and writes in Roseville, California. She works in Corporate Marketing and Communication at Adventist Health.

**Carmalita Green** is a Registered Dietitian with the Alabama Dept. of Public Health and enjoys working with the Women's Ministry at Bethany SDA Church.

**Linda Nordyke Hambleton** is the author of *If Today is All I Have*.

**Lisa Harper** is a popular speaker and author of over a dozen books including *A Perfect Mess* and *Stumbling Into Grace*. Learn more at: [www.LisaHarper.net](http://www.LisaHarper.net).

**Helen Heavirland** teaches a writing class and has published more than 200 short pieces. Her latest book, *My Enemy, My Brother*, is a true WWII story.

**Codi Jahn** enjoys spending time with friends, family and traveling. She volunteers at a local high school where she coaches the varsity volleyball team.

**Sharon Jallad** is the co-owner and Executive Vice President of Accredited Surety and Casualty Company, Inc.

**Dr. Lorraine James-Stiggers** is an author, poet, avid reader, and motivational speaker who has traveled across America.

**Collene Kelly** has written for the Indiana Conference Family Life Department, the Adventist Review, and the NAD Women's Ministry Department.

# MEET THE AUTHORS

**Mary Kendall** lives in Shawnee, Kansas where she enjoys writing, working part-time as a Dental Hygienist and being Mommy to two sweet little girls.

**Patty Knittel** enjoys writing, golf, reading, and travel. She's published in Christian magazines and her book, *Red Coats and Scimitars*, available on Kindle.

**Betty Kossick** is the author of *Beyond the Locked Door* and *Heart Ballads*. She has also served as a contributor to fourteen other books.

**Stephanie Lind** serves as the Director of Health Performance Strategies contributing to Florida Hospital becoming a global leader in health and healing.

**Cynthia Mercer** is living in Morganton, NC and she enjoys serving alongside with her husband in pastoral care, prayer and marriage restoration ministry.

**Frances Morford** spent over thirty-five years serving in Africa with her husband. Her ministry work included teaching English and the Bible.

**Cheryl Mosley** lives in Berrien Springs, Michigan with her husband Andy and their children. She homeschools her children and studies psychology.

**Mulenga Mundende** makes her home in Kansas where she writes and serves as a registered ICU nurse.

**Judith Newton** writes a column for her local newspaper. She also hosts a weekly radio spot on her church's Christian radio station.

**Kimberly Quinnie** has created Bible studies for the deaf and hard of hearing. She currently resides in South Korea, where she is a missionary English instructor and Bible teacher.

**Eve Rusk** makes her home in Boise, Idaho. She enjoys working with children's programs at her church.

**Arlene Saliba** currently works as a family nurse practitioner and health coach for Active Health and Wellness Clinic in Mishawaka, Indiana.

**Jamie Santa Cruz** is a freelance writer in Denver, Colorado.

**Janet Schlunt** has served as a secretary/research assistant to the director of E. G. White/SDA Research Centre - Europe. She taught high school ESL (English as a Second Language) near Cairo, Egypt.

**Ashley Tardif** enjoys composing, playing, and teaching music; writing; working in the garden; and ministering to the needs of others.

**Jean Thomason** has released books, videos, and CDs for preschoolers. Jean communicates biblical truth through her character name Miss Patty Cake. Visit [www.MissPattyCake.com](http://www.MissPattyCake.com)

**Diane Thurber** is a communication professional. Her passion is to help others understand the infinite love of the God she has learned to trust.

**Shameta Webb** writes from Orlando, Florida where she has lived and worked in healthcare for the past ten years.

*"Is this how my heavenly Father feels when he sees me fully experiencing life? Does he put his arms around my shoulder and say, "Yes! That's it! Go ahead, have fun. Take it all in! I made this for you; do you like it?"*

- Terri Cruze

