



ABOUT THE AUTHOR



Dr. Dick Tibbits has worked in the field of behavioral and spiritual health for more than thirty years. He uses his training in behavioral sciences to assist tens of thousands of people in achieving whole person health and designing life strategies that work in both the corporate world and private life.

Dr. Tibbits has his doctoral degree in psychology and is a licensed professional mental health counselor. He has trained at the Harvard University Mind-Body-Spirit Institute and has worked collaboratively with Stanford University and Florida Hospital on his pioneering research.

Dr. Tibbits is also an ordained minister and certified Clinical Pastoral Education Supervisor (ACPE). In addition to his 20 years of clinical work, he has ten years of pastoral ministry experience. He has served as an adjunct professor at Fuller Theological Seminary, United Theological Seminary, and Andrews University Theological Seminary.

Dr. Tibbits was a key member of the leadership team working with the Walt Disney Company and Florida Hospital in designing the health intervention programs at the ground-breaking medical facility Florida Hospital Celebration Health.

He is a sought after speaker on the topic of spirituality and health at organizations such as Harvard Medical School, the Mayo Clinic, Loma Linda University School of Medicine, the National Woman's Health Association, and the International Conference on Stress. Dr. Tibbits has spoken to professional and private audiences around the world on the healing power of forgiveness including Australia, New Zealand, Hong Kong, and Switzerland. He has also appeared on a number of radio and TV talk shows.

Currently, Dr. Tibbits serves as Chief People Officer (CPO) at Florida Hospital—the largest admitting hospital in America.