

ANNUAL PERSONAL HEALTH HISTORY

Name: _____ DOB: _____ Date: _____

Current Medications and Dosage (include over-the-counter medications like Tylenol and Motrin)	Medication	Dosage/Frequency	Medication	Dosage/Frequency	
<input type="checkbox"/> No Current Medications					

Vitamins/Herbal Supplements?

Allergies to Medication and What happens when you take this medication?	Medication	What Happens?	Medication	What Happens?	
<input type="checkbox"/> No Known Allergies					

Date of last Tetanus shot _____ Less than 5 years Less than 10 years Unknown Current to Date (for children)

Past Medical History: Do you have any current or past medical problems? Yes No

If yes, check all boxes below that apply.

- | | | | |
|---|---|--|---|
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Cardiac Arrythmia | <input type="checkbox"/> Headache / Migraine | <input type="checkbox"/> Renal / Kidney disease |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> COPD (Emphysema) | <input type="checkbox"/> Heart attack | <input type="checkbox"/> Stomach ulcer disease |
| <input type="checkbox"/> Angina | <input type="checkbox"/> Coronary artery disease | (Use Myocardial Infarction) | (Other: Use 397825006) |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Crohn's disease | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Seizure disorder |
| <input type="checkbox"/> Arthritis | (Other: Use 34000006) | <input type="checkbox"/> Heart Valve Disorder | <input type="checkbox"/> Stroke (CVA) |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Depression | <input type="checkbox"/> Hepatitis / Liver Disease | <input type="checkbox"/> TB/Positive PPD |
| <input type="checkbox"/> Atrial fibrillation | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hepatitis C | (Other: Use 268376005) |
| <input type="checkbox"/> Benign Prostatic Hypertrophy (Enlarged Prostate) | <input type="checkbox"/> Elevated Lipids (High Cholesterol/Triglycerides) | <input type="checkbox"/> Hypertension (High BP) | <input type="checkbox"/> Thyroid disease |
| <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Gallbladder disease | <input type="checkbox"/> Irritable bowel disease | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Cancer _____ | <input type="checkbox"/> GERD(Acid Reflux) | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Other _____ |

Past Surgical History: Have you ever had any surgeries? Yes No If yes, check all boxes below that apply.

- | | |
|--|--|
| <input type="checkbox"/> Angioplasty | <input type="checkbox"/> Hernia repair |
| <input type="checkbox"/> Appendectomy | <input type="checkbox"/> Hip replacement |
| <input type="checkbox"/> Arthroscopy | <input type="checkbox"/> Knee replacement |
| <input type="checkbox"/> Back surgery | <input type="checkbox"/> LASIK |
| <input type="checkbox"/> Blood Transfusion | <input type="checkbox"/> ORIF Surgical fracture repair |
| <input type="checkbox"/> CABG (Heart Bypass) | <input type="checkbox"/> Small bowel resection |
| <input type="checkbox"/> Cardiac Pacemaker | <input type="checkbox"/> Thyroidectomy |
| <input type="checkbox"/> Carpal tunnel release | <input type="checkbox"/> Tonsillectomy |
| <input type="checkbox"/> Cataract extraction | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Cholecystectomy (Gallbladder removal) | Males Only |
| <input type="checkbox"/> Colectomy/ Colon resection | <input type="checkbox"/> Prostate biopsy |
| <input type="checkbox"/> Gastric bypass | <input type="checkbox"/> TURP (Prostate Resection) |
| | <input type="checkbox"/> Vasectomy |

Females Only: Medical and Surgical History

Date of Last Period: ____/____/____

No period yet

No longer having periods

Are you pregnant? Yes No

Trying to get pregnant? Yes No

Are you nursing? Yes No

<input type="checkbox"/> Bilat. tubal ligation
<input type="checkbox"/> Breast augmentation
<input type="checkbox"/> Breast reduction
<input type="checkbox"/> Cesarean section (Other: Use 200144004)
<input type="checkbox"/> D and C
<input type="checkbox"/> Hysterectomy-Partial
<input type="checkbox"/> Hysterectomy-Total
<input type="checkbox"/> Hysterectomy-Vaginal
<input type="checkbox"/> Mastectomy
<input type="checkbox"/> Uterine fibroid removal (Other: Use 95315005)

Your Family History: Has anyone in your immediate family (Mom/Dad/Brothers/Sisters) suffered from the following; check all boxes that apply.

- | | | |
|---|---------------------------------------|---|
| <input type="checkbox"/> Heart Attack (Coronary Artery Disease) | <input type="checkbox"/> Asthma | <input type="checkbox"/> No Relevant Family History |
| <input type="checkbox"/> Cancer Type: _____ | <input type="checkbox"/> Diabetes | |
| <input type="checkbox"/> Stroke (CVA) | <input type="checkbox"/> Hypertension | |

Social Habits: Tobacco Use If Yes, Everyday Heavy Smoker Some days Light Smoker
Alcohol Use If No, Never a Smoker Former Smoker
 Yes No

Primary Care Physician : _____

Patient Signature

Date