

## Choosing a Doctor for Your Baby's Care

Our goal as your Maternity Navigator is to help you prepare for your labor and delivery experience as well as for the many changes that lie ahead. Just as choosing your hospital and your obstetrician is an important task, so is choosing your baby's doctor. This is a choice that **must** be made before you come to the hospital in labor. Below is a list of things that will help you in this process.

1. Decide what insurance plan your baby will be covered under. Will it be your insurance, your partners insurance or a separate plan?
  2. Find out which doctors are in network with your baby's insurance provider. You can go online to most insurance companies' websites, check the doctor's website or call the doctor's office and ask them if they accept your insurance plan.
  3. Be specific when you ask about insurance, using a general insurance plan name such as "United Healthcare" is not enough information. There are many different plans under each insurance brand and doctor's offices rarely accept all plans. Read the exact plan name off your insurance card so that the office staff can give you the correct information.
  4. If you choose, most doctors will provide a free visit before you deliver so you have a chance to interview him/her, meet the partners and office staff and be sure it feels like a good match for your family.
  5. Once you have chosen a doctor, bring that name with you to your Maternity Navigator visit so that we can document it on your charts.
  6. If the pediatrician that you choose does not have privileges at AdventHealth Shawnee Mission, you have two choices for care for your baby in the hospital.
    - You may use our on-call pediatricians and nurse practitioners from Children's Mercy.
    - You may choose a pediatrician from another practice, who accepts your baby's insurance and who does have privileges at AdventHealth Shawnee Mission to use in the hospital only.
- **Please note that if you choose a doctor that does not accept your insurance, you will be responsible for the doctor's charges for seeing your baby in the hospital.**

**Be sure to call and add your baby to the insurance as soon as he/she is born. Many parents assume that the baby will automatically be added to your plan – they are not! If this call isn't made within the timeline for your insurance provider, your baby will not have insurance coverage.**

Thank you for choosing AdventHealth Shawnee Mission. We look forward to caring for you and your baby. If you need more information about doctors who have privileges to care for newborns at AdventHealth Shawnee Mission, call AdventHealth NurseLine at 913-676-7777.