

# AdventHealth Zephyrhills

2026 – 2028 Community Health Plan



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## Acknowledgements

This community health plan was prepared by Lauren Phillips-Koen, with contributions from members of the ALL4HealthFL Collaborative representing health leaders in the community and AdventHealth Zephyrhills leaders.

We are especially grateful for the internal and external partners who helped guide the development of the community health plan which will enable our teams to continue fulfilling our mission of Extending the Healing Ministry of Christ.

# Executive Summary



# Executive Summary

Florida Hospital Zephyrhills ,Inc. d/b/a AdventHealth Zephyrhills will be referred to in this document as AdventHealth Zephyrhills or the “Hospital”.

## Community Health Needs Assessment Process

AdventHealth Zephyrhills in Zephyrhills, Florida, conducted a community health needs assessment in 2025. The assessment identified the health-related needs of the community, including low-income, minority and other underserved populations. The priorities were defined in alignment with Healthy People 2030, the national initiative aimed at improving the health and well-being of people in the United States.

In order to ensure broad community input, AdventHealth Zephyrhills took part in the All4HealthFL Collaborative, referred to as the Collaborative, to help guide the Hospital through the assessment process. The Collaborative included representation from the Hospital, public health experts and the broad community. This included intentional representation from low-income, minority and other underserved populations.

The Collaborative met seven times in 2024 – 2025. The members reviewed the primary and secondary data, helped define the priorities to be addressed and helped develop the Community Health Plan (CHP) to address those priorities. Learn more about Healthy People 2030 at [health.gov/healthypeople](https://health.gov/healthypeople).

## Community Health Plan Process

The Community Health Plan (CHP), or implementation strategy, is the Hospital’s action plan to address the priorities identified from the CHNA. The plan was developed by the Collaborative and input was received from stakeholders across sectors, including public health, faith-based, business and those individuals directly impacted.

The CHP outlines targeted interventions and measurable outcomes for each priority noted below. It includes resources the Hospital will commit and notes any planned collaborations between the Hospital and other community organizations and hospitals.

The defined goals and activities were carefully crafted, considering evidence-based resources and sought to align with AdventHealth’s organizational and strategic plans. AdventHealth Zephyrhills is committed to addressing the needs of the community, especially the most vulnerable populations, to bring wholeness to our communities.



# Executive Summary

## Priorities Addressed

The priorities addressed include:

1. Mental Health
2. Economic Stability
3. Health Care Access and Quality

See page 10 for the defined strategies and next steps for each priority selected to be addressed.

## Priorities Not Addressed

The priorities not addressed include:

1. Cancer
2. Heart Disease and Stroke
3. Nutrition and Healthy Eating
4. Neighborhood and Built Environment

See page 26 for an explanation of why the Hospital is not addressing these issues.



**The Community Health Plan is a three-year strategic plan and may be updated during implementation based on changing community needs and priorities. AdventHealth recognizes community health is not static and high-priority needs can arise or existing needs can become less pressing. The Hospital may pivot and refocus efforts and resources to best serve the community.**



# Executive Summary

## Board Approval

On March 25, 2026, the AdventHealth Zephyrhills Board approved the Community Health Plan goals, activities and next steps. A link to the 2026-2028 Community Health Plan was posted on the Hospital's website on May 15, 2026.

## Ongoing Evaluation

AdventHealth Zephyrhills's fiscal year is January 1 – December 31. For 2026, the Community Health Plan will be deployed beginning March 25, 2026 and evaluated at the end of the calendar year. In 2027 and beyond, the CHP will be evaluated annually for the 12-month period beginning January 1 and ending December 31. Evaluation results will be attached to the Hospital's IRS Form 990, Schedule H. The collective monitoring and reporting will ensure the plan remains relevant and effective.

## For More Information

Learn more about the Community Health Needs Assessment and Community Health Plan for AdventHealth Zephyrhills [adventhealth.com/community-health-needs-assessments](https://adventhealth.com/community-health-needs-assessments).

# About AdventHealth

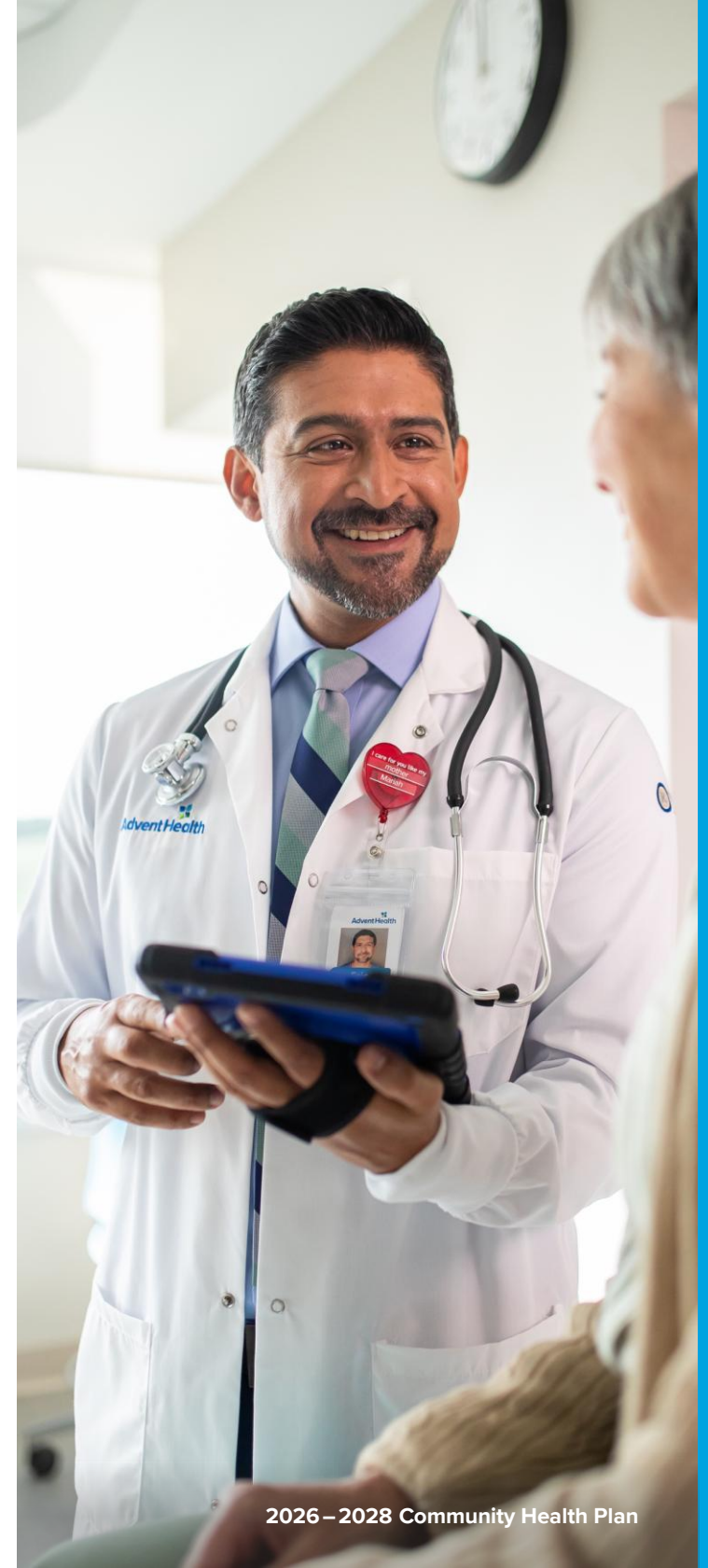


# About AdventHealth

**AdventHealth Zephyrhills is part of AdventHealth. With a sacred mission of Extending the Healing Ministry of Christ, AdventHealth strives to heal and restore the body, mind and spirit through our connected system of care. More than 100,000 talented and compassionate team members serve over 8 million patients annually. From physician practices, hospitals and outpatient clinics to skilled nursing facilities, home health agencies and hospice centers, AdventHealth provides individualized, whole-person care at more than 50 hospital campuses and hundreds of care sites throughout nine states. Committed to your care today and tomorrow, AdventHealth is investing in new technologies, research and the brightest minds to redefine wellness, advance medicine and create healthier communities.**

In a 2020 study by Stanford University, physicians and researchers from AdventHealth were featured in the ranking of the world's top 2% of scientists. These critical thinkers are shaping the future of health care. Amwell, a national telehealth leader, named AdventHealth the winner of its Innovation Integration Award. This telemedicine accreditation recognizes organizations that have identified connection points within digital health care to improve clinical outcomes and user experiences. AdventHealth was recognized for its innovative digital front door strategy, which is making it possible for patients to seamlessly navigate their health care journey. From checking health documentation and paying bills to conducting a virtual urgent care visit with a provider, we're making health care easier — creating pathways to wholistic care no matter where your health journey starts.

AdventHealth is also an award-winning workplace aiming to promote personal, professional and spiritual growth with its team culture. Recognized by Becker's Hospital Review on its "150 Top Places to Work in Healthcare" several years in a row, this recognition is given annually to health care organizations that promote workplace diversity, employee engagement and professional growth. In 2024, the organization was named by Newsweek as one of the Greatest Workplaces for Diversity and a Most Trustworthy Company in America.



# About AdventHealth Zephyrhills

AdventHealth Zephyrhills is a 149-bed acute care hospital and is a member of the faith-based AdventHealth System, providing a connected network of care in nearly a dozen states with more than 50 hospitals and hundreds of care sites. Since 1985, the hospital has provided award-winning care evidenced by the hospital's Leapfrog Safety Grade A and Centers for Medicare and Medicaid Services (CMS) Five-star rating. With a mission to extend the healing ministry of Christ, the hospital is focused on delivering whole person care through skilled and compassionate caregivers who provide individualized care for body, mind and spirit. The hospital offers a wide variety of services to include heart care, orthopedics, labor and delivery, surgical care, digestive health, robotic technology, a 24/7 emergency room and breast health center. To learn more about the hospital's services, visit [AHZephyrhills.com](http://AHZephyrhills.com).



# Priorities Addressed



# Mental Health

Mental health, including behavioral health and substance misuse, were identified as top health needs from the secondary data, community survey and focus groups. In the survey, 66.9% of respondents ranked mental health as the most pressing health issue and 36.3% of survey respondents reported being diagnosed with depression or anxiety. Focus group participants cited a need for increased affordable mental health programming and services. Secondary data showed an increased trend in the percentage of middle school (28.5%) and high-school (48.3%) students who reported using any alcohol or illicit drugs in their lifetime. Drug overdose deaths have increased since the last prioritization cycle at a rate of 55.2 per 100,000 people in Pasco County in 2023. Adverse Childhood Experiences (ACEs) are potentially traumatic events occurring before the age of 18 that may include topics such as violence, abuse, substance use in the home, or safety issues in the home. According to the CDC, people with higher ACE scores have significantly increased risk for mental health issues, physical health and decreases in life opportunities such as education and career. In the survey, 20% of Pasco County residents reported an ACE score of 4 or more.

## Goal

**Reduce the impact of mental health and substance misuse disorders in Pasco County.**

## Activity

**Partner with and support Health Buddies program for Pasco County.**

## Output

- Number of client referrals
- Number of clients completing the Health Buddies program yearly
- Number of clients identified with food insecurity and connected to community resources
- Number of team member hours donated
- Amount of funding
- Post program evaluation metrics
  - 75% of participants report an increase in health knowledge
  - 75% of participants reporting a decrease in ED or hospital visits
  - 75% of participants report decreased social isolation/ loneliness

## Outcome

By December 31, 2028, for Pasco clients completing the Health Buddies program, 75% of participants will report decreased psychological distress.

## Hospital Contributions

- Provide funding for Health Buddies navigator
- Refer patients to Health Buddies through case management and patient navigator

## Community Partnership

- Seniors in Service of Tampa Bay-Health Buddies

# Mental Health

## Goal

**Reduce the impact of mental health and substance misuse disorders in Pasco County.**

## Activity

**Develop and expand continuous partnerships with the All Ways Center to improve access to sober living and recovery resources.**

## Output

- Number of people served through Recovery Coach program
- Number of Recovery Coach services provided
- Number of interactions at center
- Percent of individualized care plan completions
- Amount of funding

## Outcome

By December 31, 2028, at least 75% of participants in recovery will complete an individualized care plan through supported community partnerships.

## Hospital Contributions

- Cash donations to support recovery coaching

## Community Partnership

- All Ways Center
- The Hope Shot
- Alliance for Healthy Communities

# Mental Health

## Goal

**Reduce the impact of mental health and substance misuse disorders in Pasco County.**

## Activity

**Support Camp HOPE and quarterly youth programing for youth survivors of domestic violence.**

## Output

- Number of youths supported yearly
- Percent improved reported mental health
- Percent improved reported self-worth
- Amount of funding
- Number of team member hours donated

## Outcome

By December 31, 2028, 75% of youth attending Camp HOPE will report improved mental health.

## Hospital Contributions

- Provide funding for camp HOPE and other youth programing
- Donate staff time for medical screenings for camp counselors and youth attending camp

## Community Partnership

- Sunrise of Pasco County, Inc.

# Mental Health

## Goal

**Reduce the impact of mental health and substance misuse disorders in Pasco County.**

## Activity

**Provide a free grief support group for community members.**

## Output

- Number of participants
- Number of support groups
- Number of team member hours donated

## Outcome

By December 31, 2028, the program will support 100 community members in a support group.

### Hospital Contributions

- Provide staff to guide the support group and coordinate all planning for monthly groups
- Provide space for the group to meet
- Provide educational resources

### Community Partnership

- Premier Community HealthCare
- Genesis Center

# Mental Health

## Goal

**Reduce the impact of mental health and substance misuse disorders in Pasco County.**

## Activity

**Support programs addressing mental health including substance misuse disorders.**

## Output

- Number of people served
- Number of partnerships
- Amount of funding

## Outcome

By December 31, 2028, establish formalized, sustainable partnerships with at least three community organizations providing mental health programs.

### Hospital Contributions

- Cash donations

### Community Partnership

- Premier Community HealthCare
- Alliance for Healthy Communities

# Economic Stability

Economic stability impacts an individual's physical and mental health. In the Hospital's community, 43.4% of residents are housing cost burdened, or paying over 30% of their income to housing costs. In Pasco County, 11.1% of residents are living below the federal poverty level and 37% fall into the ALICE (Asset Limited, Income Constrained, Employed) household category. ALICE households are those earning above the federal poverty level but still struggling to afford necessities for optimal quality of life. In Pasco, 13.3% of residents are food insecure and Pasco survey respondents ranked access to low-cost, healthy food as the second most important factor to improve quality of life. The Collaborative chose this as a priority to address since economic stability impacts multiple aspects of health.

## Goal

**Enhance opportunities to foster economic vitality and resilience for all people in Pasco County.**

## Activity

**Donate food in low income, low access communities, including ALICE population**

## Output

- Number of community members utilizing fresh access bucks
- Pounds of produce provided for free for community members in need
- Number of participants served
- Amount of funding

## Outcome

By December 31, 2028, increase the pounds of produce and food distributed to low-income and ALICE populations through community partnerships by 10%.

## Hospital Contributions

- Provided funding for the Bounty Bus
- Provide funding for free produce for low-income, low-access community members

## Community Partnership

- Access to Fresh-Bounty Bus
- The Lacoochee Boys and Girls Club
- The One Stop Shop
- Pasco County Schools

# Economic Stability

## Goal

**Enhance opportunities to foster economic vitality and resilience for all people in Pasco County.**

## Activity

**Support programs addressing nutrition and food resource management**

## Output

- Number of people served
- Pounds of produce donated in community
- Number of Hospital-sponsored class series
- Percent of class participants who reported an improvement in Fruit and Vegetable consumption
- Percent of class participants who reported an improvement in food resource management practices
- Amount of funding

## Outcome

By December 31, 2028, at least 75% of participants in food and nutrition programs will report an increase in food resource management practices.

## Hospital Contributions

- Cash donations
- Fresh produce donations

## Community Partnership

- University of Florida Institute of Food and Agricultural Sciences (UF/IFAS)
- Access to Fresh

# Economic Stability

## Goal

**Enhance opportunities to foster economic vitality and resilience for all people in Pasco County.**

## Activity

**Support and expand Pack-A-Sack program.**

## Output

- Number of youths served
- Number of sites served
- Number of new sites served
- Number of meals provided
- Amount of funding

## Outcome

By December 31, 2028, partner with local organizations to expand food access for at least one new school site in Pasco County.

### Hospital Contributions

- Cash donations
- Donation of supplies
- Fresh produce donation

### Community Partnership

- Once Community Now Pack-a-Sack program
- Pasco County Schools

# Economic Stability

## Goal

Enhance opportunities to foster economic vitality and resilience for all people in Pasco County.

## Activity

Support programs addressing economic stability.

## Output

- Number of people served
- Number of partnerships
- Amount of funding

## Outcome

By December 31, 2028, establish formalized, sustainable partnerships with at least three community organizations addressing economic stability.

### Hospital Contributions

- Cash donations

### Community Partnership

- Genesis Center
- University of Florida Institute of Food and Agricultural Sciences (UF/IFAS)

# Economic Stability

## Goal

**Support programs addressing attainable housing and preventing homelessness.**

## Activity

**Support and expand Community Hope and Intervention Project of Zephyrhills.**

## Output

- Number of people served
- Number of families served
- Number of people who received financial assistance
- Number of referrals to community resources
- Amount of funding
- Number of team member hours donated

## Outcome

By December 31, 2028, 300 families lacking stable housing will be navigated toward needed resources to prevent homelessness.

## Hospital Contributions

- Provide funding towards a case manager
- Refer patients to funded programs addressing housing or financial support
- Donate staff time to volunteer

## Community Partnership

- Community Hope and Intervention Project of Zephyrhills (CHIPZ)

# Economic Stability

## Goal

**Improve workforce development through increased access to health care career education opportunities.**

## Activity

**In collaboration with Pasco County Schools, develop a program that allows high school students to graduate with usable medical certifications and training.**

## Output

- Number of students enrolled
- Number of students achieving a certification
- Number of youth reporting desire to pursue a career in medicine
- Amount of funding
- Number of team member hours donated

## Outcome

By December 31, 2028, a magnet high school will be established to allow students to obtain medical certifications by graduation.

## Hospital Contributions

- Provide staff for teaching
- Provide needed equipment for training
- Provide funds to support the education program

## Community Partnership

- Pasco County Schools
- Pasco Hernando State College
- AdventHealth University

# Health Care Access and Quality

Access to quality health care was ranked number one in the prioritization session amongst the other identified health needs affecting Pasco County. In the survey, 18.3% of respondents reported they were unable to get medical care when they needed it in the past 12 months. Top barriers noted in focus groups and on the survey include lack of providers, cost of care and inconvenient office hours/ inability to take time off work for an appointment. The rate of primary care providers in Pasco County is 1:968 which is performing worse than that of the state at 1:858. Pasco County has a rate of dental providers at 1:2464 compared to Florida at 1:1686. Inadequate health insurance coverage is one of the largest barriers to health care access and the unequal distribution of coverage contributes to disparities in health. The percentage of adults ages 19 – 64 that do not have health insurance coverage in Pasco County is 16.2%, lower than the state of Florida at 17.5%. Focusing on access to care will help align local efforts and resources to create targeted strategies to improve access for Pasco County residents.

## Goal

**Improve access to high-quality health care services for uninsured and underinsured population in Pasco County.**

## Activity

**Support Premier Community HealthCare patient navigator program to assist patients with accessing and maximizing benefits from community services, clinical care, and/or health insurance.**

## Output

- Number of hospital referrals
- Number of patients establishing primary care medical home
- Number of patients enrolled in insurance
- Number of patients referred to community resources for SDOH needs
- Amount of funding

## Outcome

By December 31, 2028, increase number of completed Premier Community HealthCare post-hospital appointments by 11%.

## Hospital Contributions

- Cash donation
- Case management and ED staff to collaborate with care navigator to help facilitate referrals to Premier Community HealthCare post hospital discharge

## Community Partnership

- Premier Community Healthcare

# Health Care Access and Quality

## Goal

**Improve access to high-quality health care services for uninsured and underinsured population in Pasco County.**

## Activity

**Support Premier's Healthy Living Initiatives program.**

## Output

- Number of patients served
- Number of patient encounters
- Number & % of patients with improved A1C
- Number & % of patients with baseline and progress for other chronic conditions as identified (ex: Hypertension)
- Percent of patients adhering to prescribed medication by end of program
- Amount of funding

## Outcome

By December 31, 2028, 80% of participants will report a decrease in A1C.

### Hospital Contributions

- Cash donation

### Community Partnership

- Premier Community Healthcare

# Health Care Access and Quality

## Goal

**Improve access to high-quality health care services for uninsured and underinsured population in Pasco County.**

## Activity

**Expand partnership with Pioneer Medical Foundation to support the free clinic.**

## Output

- Number of unduplicated patients served
- Number of office visits
- Number of services provided
- Quantity of supplies donated
- Value of supplies donated

## Outcome

By December 31, 2028, the number of patients receiving care and necessary medications and supplies after discharge will increase by 10%.

## Hospital Contributions

- Provide medical supplies
- Fund cost of medications
- Space donation

## Community Partnership

- Pioneer Medical Foundation
- Zephyrhills Pharmacy

# Health Care Access and Quality

## Goal

**Improve access to high-quality health care services for uninsured and underinsured population in Pasco County.**

## Activity

**Provide free health screenings and vaccines to community members.**

## Output

- Number of screenings conducted
- Number of people receiving health education
- Number of free vaccines
- Value of donated supplies
- Number of team member hours donated

## Outcome

By December 31, 2028, AdventHealth Zephyrhills will provide free screenings to 300 people.

## Hospital Contributions

- Donate staff time to coordinate screening activities and conduct screenings
- Donate medical supplies for screenings
- Provide community resources for addressing health needs

## Community Partnership

- Local Churches
- Genesis Center

# Priorities Not Addressed



# Priorities Not Addressed

AdventHealth Zephyrhills also identified the following health needs during the CHNA process. In reviewing the CHNA data, available resources and ability to impact, the Hospital determined these needs will not be addressed.

## Cancer

Cancer is the second leading cause of death in Pasco County, and the death rate in Pasco County due to cancer is 154.8 per 100,000 population. However, the collaborative did not choose it as a priority to address and chose to address issues that could prevent cancer rates or potentially increase early detection, screenings and medical care through access to care. By addressing these other priorities, the Collaborative decided it can have a larger impact on overall health outcomes including cancer rates.

## Heart Disease and Stroke

Heart Disease and Stroke as a topic on its own did not come through as one of the top three issues to be addressed. In Pasco County, it is the leading cause of death and 33.3% of survey respondents were told by a medical provider that they have hypertension and/or heart disease. The Collaborative decided that addressing factors that affect heart disease, such as access to care and nutrition and healthy eating, would be a more effective strategy to help prevent heart disease and stroke and decrease risks of complications for those who already have these diagnoses. For this reason, this was not selected as a priority to address directly.

## Nutrition and Healthy Eating

In Pasco County, 34.4% of adults are obese, which is slightly higher than the state at 32.4%. Additionally, the food insecurity rate in Pasco County is 13.3% according to Feeding America's 2022 data. According to Feeding America, food insecurity is when people cannot access the food they need to live healthy and good quality lives. In Pasco County, 80% of survey respondents stated that they do not eat at least three servings of fruits and vegetables every day. The Collaborative chose not to focus on this priority as access to food and basic needs is encompassed in economic stability.

## Neighborhood and Built Environment

Pasco County has a projected population growth of 22% from 2020 to 2032. During the assessment, transportation was cited as a barrier to accessing care and this projected population growth could potentially further strain current public transportation systems. In Pasco County, 40.6% of survey respondents said there are not good sidewalks to safely walk in their neighborhood, and 4.8% of households do not own a vehicle. This can make transportation and accessing resources difficult. Poor access to transportation significantly limits access to health and health care, and while this is an issue, the Collaborative felt addressing other needs were more feasible.



**Florida Hospital Zephyrhills, Inc. dba  
AdventHealth Zephyrhills**

CHP Approved by the Hospital Board on: March 25, 2026

For questions or comments please contact:  
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