

AdventHealth Port Charlotte

2026 – 2028 Community Health Plan



AdventHealth

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Acknowledgements

This community health plan was prepared by Amberhope Montero, with contributions from members of the AdventHealth Port Charlotte Community Health Needs Assessment Committee representing health leaders in the community and AdventHealth Port Charlotte leaders.

We are especially grateful for the internal and external partners who helped guide the development of the community health plan which will enable our teams to continue fulfilling our mission of Extending the Healing Ministry of Christ.

Executive Summary



Executive Summary

AdventHealth Port Charlotte, Inc. d/b/a AdventHealth Port Charlotte will be referred to in this document as AdventHealth Port Charlotte or the “Hospital”.

Community Health Needs Assessment Process

AdventHealth Port Charlotte in Port Charlotte, Florida, conducted a community health needs assessment in 2025. The assessment identified the health-related needs of the community, including low-income, minority and other underserved populations. The priorities were defined in alignment with Healthy People 2030, the national initiative aimed at improving the health and well-being of people in the United States.

To ensure broad community input, AdventHealth Port Charlotte created a Community Health Needs Assessment Committee (CHNAC) to help guide the Hospital through the assessment process. The CHNAC included representation from the Hospital, public health experts and the broad community. This included intentional representation from low-income, minority and other underserved populations.

The CHNAC met once in 2025. The members reviewed the primary and secondary data, helped define the priorities to be addressed and helped develop the Community Health Plan (CHP) to address those priorities. Learn more about Healthy People 2030 at health.gov/healthypeople.

Community Health Plan Process

The Community Health Plan (CHP), or implementation strategy, is the Hospital’s action plan to address the priorities identified from the CHNA. The plan was developed by the Collaborative and input was received from stakeholders across sectors, including public health, faith-based, business and those individuals directly impacted.

The CHP outlines targeted interventions and measurable outcomes for each priority. It includes resources the Hospital will commit and notes any planned collaborations between the Hospital and other community organizations and hospitals.

The defined goals and activities were carefully crafted, considering evidence-based resources and sought to align with AdventHealth’s organizational and strategic plans. AdventHealth Port Charlotte is committed to addressing the needs of the community, especially the most vulnerable populations, to bring wholeness to our communities.



Executive Summary

Priorities Addressed

The priorities addressed include:

1. Chronic Diseases
2. Mental Health
3. Health Care Access and Quality

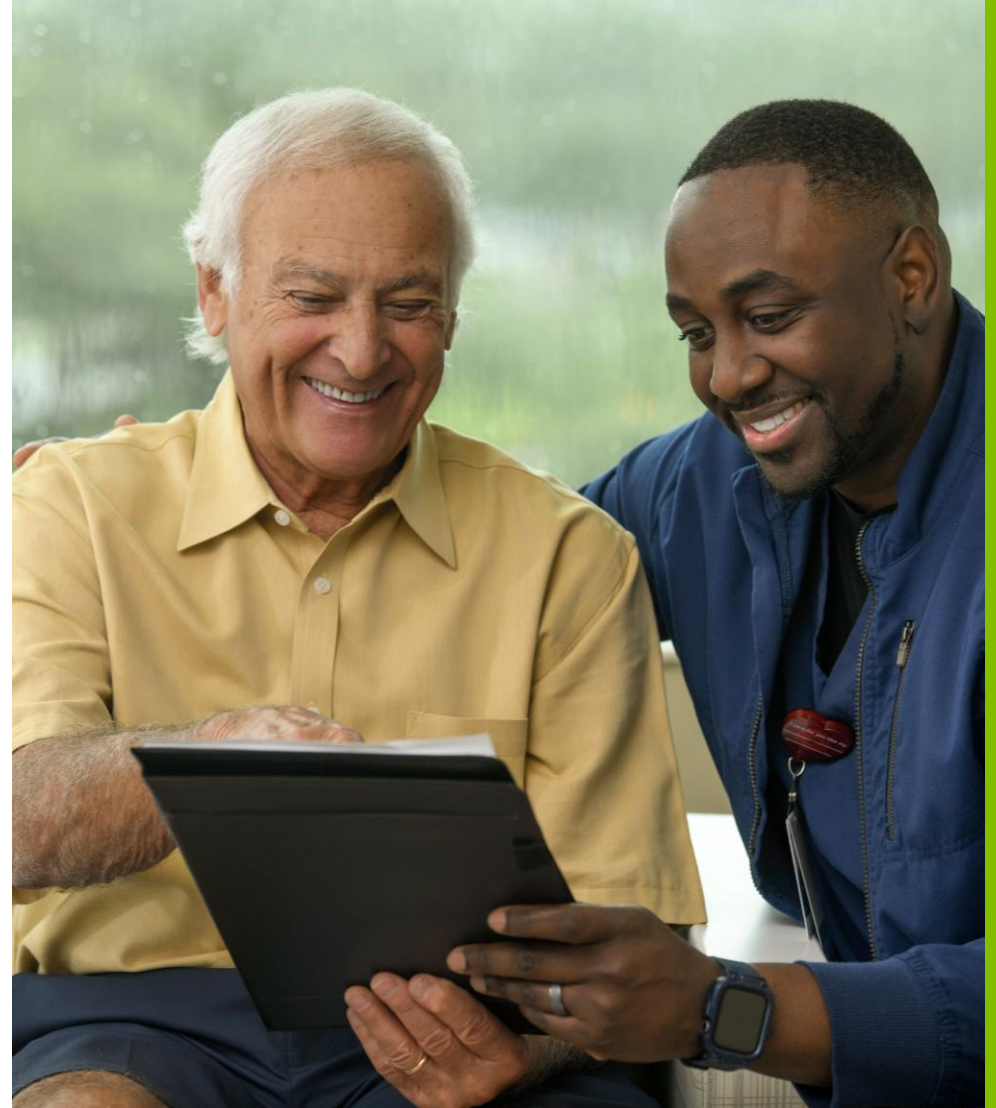
See page 10 for the defined strategies and next steps for each priority selected to be addressed.

Priorities Not Addressed

The priorities not addressed include:

1. Chronic Diseases-Cancer
2. Injury Prevention
3. Older Adults

See page 17 for an explanation of why the Hospital is not addressing these issues.



The Community Health Plan is a three-year strategic plan and may be updated during implementation based on changing community needs and priorities. AdventHealth recognizes community health is not static and high-priority needs can arise or existing needs can become less pressing. The Hospital may pivot and refocus efforts and resources to best serve the community.



Executive Summary

Board Approval

On January 9, 2026, the AdventHealth Port Charlotte Board approved the Community Health Plan goals, activities and next steps. A link to the 2026-2028 Community Health Plan was posted on the Hospital's website on May 15, 2026.

Ongoing Evaluation

AdventHealth Port Charlotte's fiscal year is January 1 – December 31. For 2026, the Community Health Plan will be deployed beginning January 9, 2026, and evaluated at the end of the calendar year. In 2027 and beyond, the CHP will be evaluated annually for the 12-month period beginning January 1 and ending December 31. Evaluation results will be attached to the Hospital's IRS Form 990, Schedule H. The collective monitoring and reporting will ensure the plan remains relevant and effective.

For More Information

Learn more about the Community Health Needs Assessment and Community Health Plan for AdventHealth Port Charlotte adventhealth.com/community-health-needs-assessments.

About AdventHealth

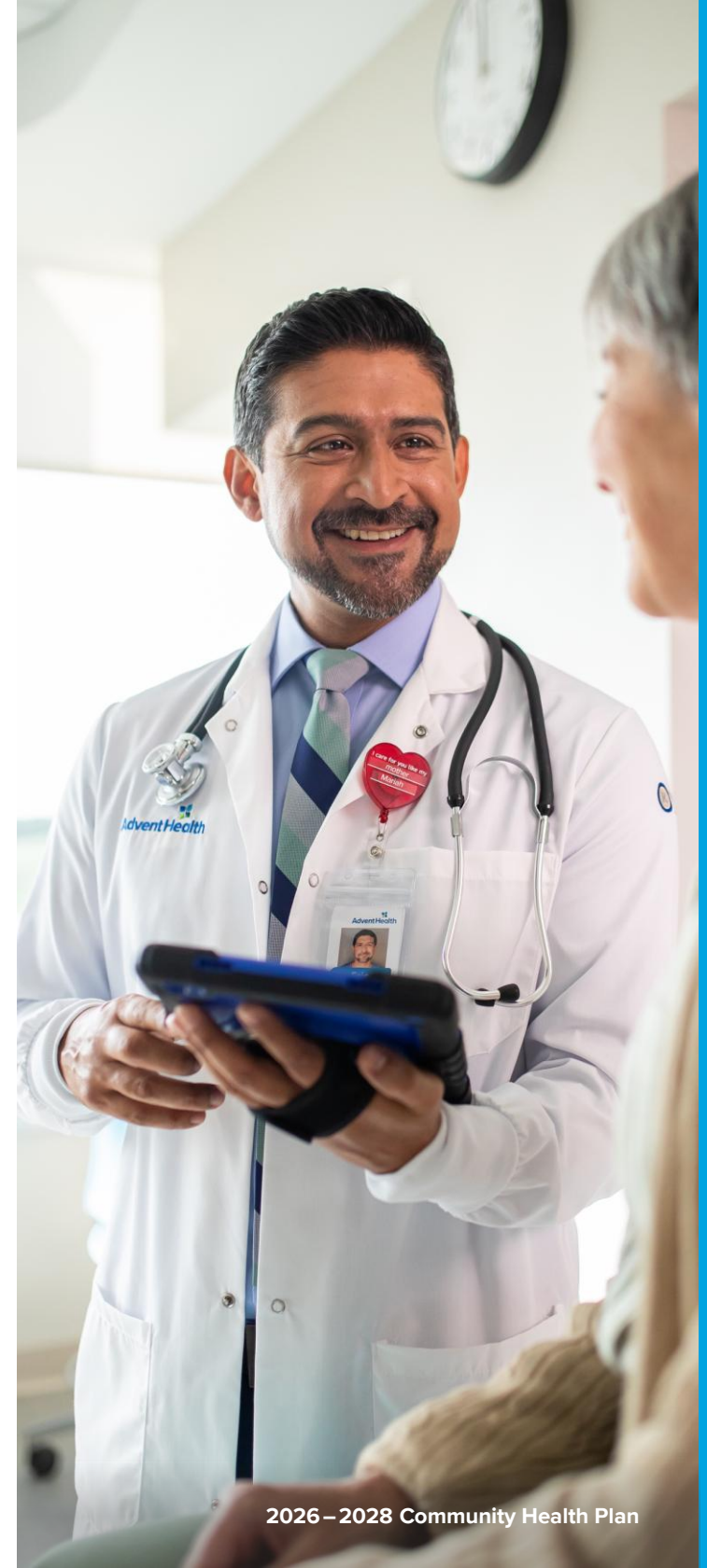


About AdventHealth

AdventHealth Port Charlotte is part of AdventHealth. With a sacred mission of Extending the Healing Ministry of Christ, AdventHealth strives to heal and restore the body, mind and spirit through our connected system of care. More than 100,000 talented and compassionate team members serve over 8 million patients annually. From physician practices, hospitals and outpatient clinics to skilled nursing facilities, home health agencies and hospice centers, AdventHealth provides individualized, whole-person care at more than 50 hospital campuses and hundreds of care sites throughout nine states. Committed to your care today and tomorrow, AdventHealth is investing in new technologies, research and the brightest minds to redefine wellness, advance medicine and create healthier communities.

In a 2020 study by Stanford University, physicians and researchers from AdventHealth were featured in the ranking of the world's top 2% of scientists. These critical thinkers are shaping the future of health care. Amwell, a national telehealth leader, named AdventHealth the winner of its Innovation Integration Award. This telemedicine accreditation recognizes organizations that have identified connection points within digital health care to improve clinical outcomes and user experiences. AdventHealth was recognized for its innovative digital front door strategy, which is making it possible for patients to seamlessly navigate their health care journey. From checking health documentation and paying bills to conducting a virtual urgent care visit with a provider, we're making health care easier — creating pathways to holistic care no matter where your health journey starts.

AdventHealth is also an award-winning workplace aiming to promote personal, professional and spiritual growth with its team culture. Recognized by Becker's Hospital Review on its "150 Top Places to Work in Healthcare" several years in a row, this recognition is given annually to health care organizations that promote workplace diversity, employee engagement and professional growth. In 2024, the organization was named by Newsweek as one of the Greatest Workplaces for Diversity and a Most Trustworthy Company in America.



About AdventHealth Port Charlotte

AdventHealth Port Charlotte, formerly ShorePoint Health Port Charlotte, is a 247-bed, Joint Commission-accredited, full-service hospital that offers a broad range of care and programs including heart and vascular care, stroke care, orthopedics, 24-7 emergency care for adults and pediatrics, and robotic-assisted surgical options. AdventHealth Port Charlotte is the only hospital in Charlotte County offering licensed obstetrical care.



Priorities Addressed



Chronic Diseases

Suggested revision: Chronic diseases are influenced by genetics, environment, and lifestyle factors such as stress, poor diet, inactivity, smoking, and excessive alcohol use. Charlotte County residents report higher rates of binge drinking (20.4%) and smoking (19.7%) than state averages, both major contributors to chronic disease. Heart disease is the leading cause of death at 344 per 100,000, nearly double the state rate. Other leading causes of death (per 100,000) include cancer (338), stroke (83), respiratory disease (83), Alzheimer's (56), and diabetes (46). Obesity is a significant concern, with 33% of residents diagnosed with obesity and 66.9% with either overweight or obese. Additionally, 15.3% of residents have diabetes, 12.3% have heart disease, and 12% have COPD. About one-third of older adults manage chronic conditions, primarily heart disease. Addressing heart disease, diabetes, and overweight and obesity will allow the Hospital to focus resources on education, awareness, and targeted strategies to improve health outcomes.

Goal

Reduce the impact of chronic diseases for residents of Charlotte County.

Activity

Develop and establish continuous support groups for community members for heart disease and stroke survivorship.

Output

- Number of people served
- Number of team member hours donated

Outcome

By December 31, 2028, at least two support groups will be established.

Hospital Contributions

- Donation of team member time

Chronic Diseases

Goal

Reduce the impact of chronic diseases for residents of Charlotte County.

Activity

Provide support for local chronic disease education programs, including diabetes and obesity.

Output

- Number of people served
- Pounds of food served
- Amount of funding
- Number of team member hours donated

Outcome

By December 31, 2028, establish continuous support for at least three community programs addressing chronic diseases.

Hospital Contributions

- Cash donations
- Referrals and marketing
- Donation of team member time

Community Partnership

- Virginia B. Andes Volunteer Community Clinic
- United Way of Charlotte County
- YMCA of Charlotte County

Mental Health

Suggested revision of this paragraph: Mental health was identified as a top concern in the CHNA. About 30% of survey respondents ranked it as the most pressing issue, and 21% of residents reported a depression diagnosis. Focus groups stressed the need for affordable mental health services, especially for veterans and children. Charlotte County has 91 mental health providers per 100,000 people—about half the state average. Adverse Childhood Experiences (ACEs), linked to long-term mental and physical health risks, are prevalent with 43.4% of high school students reporting mental illness in their household and 26.2% with four or more ACEs. Veterans make up 12% of the population with high rates of suicide and PTSD. Mortality rates from drug overdose (44.1), alcohol (26.7), and suicide (22.1) per 100,000 exceed state averages, reinforcing the urgency of mental health interventions.

Goal

Reduce the impact of mental health and substance misuse for residents of Charlotte County.

Activity

Implement the Hospital CORE/Bridge program in the Emergency Department.

Output

- Number of patients enrolled with a peer specialist
- Number of patients referred to behavioral health services by a peer specialist
- Number of patients enrolled in behavioral health services
- Number of team member hours donated

Outcome

By December 31, 2028, 25% of peer-referred patients will be enrolled in behavioral health services.

Hospital Contributions

- In-kind space donation
- Donation of team member time

Community Partnership

- Charlotte Behavioral Health Care

Mental Health

Goal

Reduce the impact of mental health and substance misuse for residents of Charlotte County.

Activity

Provide support for mental health programs in the community.

Output

- Number of individuals served
- Number of organizations supported
- Amount of funding
- Number of team member hours donated

Outcome

By December 31, 2028, establish continuous support for at least two organizations addressing mental health in the community.

Hospital Contributions

- Cash donations
- In-kind space donations
- Donation of team member time
- Referrals and marketing

Community Partnership

- Charlotte Behavioral Health Care
- Valerie's House

Health Care Access and Quality

Health Care Access and Quality ranked third among Charlotte County’s health priorities. Provider shortages are a key barrier, with shortage rates greater than the state average (per 100,000) for Primary care (149.3 vs 261.2), Dental: (33.1 vs. 61.5), and Mental health (91 vs. 133.2). Inadequate insurance coverage also limits access. In Charlotte County, 12.5% of adults (ages 19–64) lack health insurance, slightly better than Florida’s 17.35%. Survey respondents identified top barriers as lack of insurance, specialty care, and primary care, along with cost and transportation challenges.

Goal

Improve access to high-quality health care services for the uninsured and underinsured population in Charlotte County.

Activity

Provide health screenings and health education programs for community members.

Output

- Number of community health events provided
- Number of people served
- Amount of funding
- Number of team member hours donated

Outcome

By December 31, 2028, provide at least ten health screenings or education opportunities to the community.

Hospital Contributions

- Cash Donations
- Donation of team member time

Community Partnership

- Local non-profits
- Local faith communities

Health Care Access and Quality

Goal

Improve access to high-quality health care services for the uninsured and underinsured population in Charlotte County.

Activity

Support and partner with community organizations providing access to care.

Output

- Number of people served
- Amount of funding
- Number of team member hours donated

Outcome

By December 31, 2028, establish and maintain partnerships with at least three organizations working to improve access to health care for underinsured and uninsured community members.

Hospital Contributions

- Cash donations
- Laboratory services
- In-kind space donations
- Referrals and marketing

Community Partnership

- Virginia B. Andes Volunteer Community Clinic
- United Way of Charlotte County
- Charlotte Behavioral Health Care

Priorities Not Addressed



Priorities Not Addressed

AdventHealth Port Charlotte also identified the following health needs during the CHNA process. In reviewing the CHNA data, available resources and ability to impact, the Hospital determined these needs will not be addressed.

Chronic Diseases - Cancer

Suggested revision: Although cancer is the second leading cause of death in Charlotte County, with a mortality rate of 338 per 100,000—more than twice the state average (135.8), the CHNAC did not prioritize it. Other issues were deemed more impactful and feasible for hospital-led initiatives. Cancer prevention will be addressed indirectly through programs targeting chronic disease.

Injury Prevention

Charlotte County's violent crime rate (14.5 per 100,000) is lower than the state average (22.7), though interpersonal violence (65 per 100,000) is slightly higher than Florida (59). Adult and juvenile drug arrests and overdose rates also exceed state averages. Despite this, only 9.8% of survey respondents listed crime as a top health concern.

Injury rates are notably high among older adults. Emergency room visits for fall-related injuries among residents age 65 and older exceed 5,400 per 100,000. The CHNAC determined injury prevention was not feasible to prioritize; however, elements such as fall prevention and substance misuse will be addressed through other priority areas.

Older Adults

Older adults comprise 41% of Charlotte County's population. They face significant challenges, such as injury risk, contributing to 18% of fall-related emergency room visits, 74% have low food access, and 24% live below the poverty line. About 33% of Charlotte County's older adults manage chronic conditions, primarily obesity, heart disease, and diabetes. The CHNAC chose to prioritize Mental Health over Older Adults as a priority area, as their needs will be addressed indirectly through the initiatives addressing Health Care Access and Quality and Chronic Diseases.



**AdventHealth Port Charlotte, Inc. d/b/a
AdventHealth Port Charlotte**

CHP Approved by the Hospital Board on: January 9, 2026

For questions or comments please contact:
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