

Preventing In-Hospital Falls

CALL DON'T FALL

Each year, between **700,000** and **1,000,000** people in the United States fall in the hospital.
A patient fall is defined as an unplanned descent to the floor with or without injury.

Why Are Patients at Risk for Falling?

- Unfamiliar setting
- Medications that can cause dizziness or confusion.
- Illness, tests, and treatments can make you weak and unsteady on your feet.

Falls Can Result In

- Fractures
- Lacerations
- Internal Bleeding
- 4 - 6 Additional Days in the Hospital



Targeted Solutions to Prevent Falls with Injury:

- All patients receive a fall risk assessment on admission.
- Nursing Hourly Rounding.
- Patients, families, and caregivers are included in Fall Prevention Planning.
- Call bell, telephone and necessary personal items placed within easy reach.
- Gait belts are used when walking patients who are at risk for falls.



SUCCESS!

0 Falls with Hip Fracture in 2024

**PATIENT SAFETY
IS OUR #1
PRIORITY**

In Hospital Falls With Hip Fracture Rate
(per 1000 patient days)

