

Allergies, cold, flu or COVID?



How to Tell the Difference

Indications of COVID, the flu, the common cold and even seasonal allergies can be very similar. To help you tell the difference between these conditions, here's a roundup of their most commonly associated symptoms.

Most common symptoms for each

SYMPTOMS	ALLERGIES	COLD	FLU	COVID
Body Aches		✓		Sometimes
Chills		Rarely	✓	Sometimes
Dry Cough	✓	✓	✓	✓
Fatigue	Sometimes	✓	✓	✓
Fever		Rarely	✓	✓
Headache	✓	Rarely	✓	Sometimes
Itchy Eyes	✓			
Lost of Taste/Smell	Sometimes	Rarely	Sometimes	✓
Nasal Congestion	✓	✓	✓	Rarely
Nausea/Vomiting/Diarrhea		Sometimes	Sometimes	Sometimes
Runny Nose	✓	✓	✓	Rarely
Sneezing	✓	✓	✓	Sometimes
Sore Throat	Sometimes	✓	✓	Sometimes
Shortness of Breath	Sometimes	Rarely	✓	✓

Learn more about flu season during COVID at FluAnswers.com.