2018 Report Card Colorectal Surgery



Welcome to the Center for Colon and Rectal Surgery 2018 Annual Report

I am delighted to welcome you to our 2018 Annual Report. I hope you are as excited as I am to see how many great things we have achieved in the last year – and how we are continuing to develop more and better ways to serve our colorectal patients in Central Florida. There have been lots of exciting developments that make 2018 even better than 2017. Here are a few of the highlights:

 We are so excited to welcome three new faculty to the group in 2018. This allows our patients even more options and choices – our faculty now have dedicated presence in six campus locations with offices on each site.



- Dr. Yaphet Tilahun returned from a fellowship in colon and rectal surgery at Brown University in Rhode Island. Previously, he had completed his general surgery residency in Orlando. Dr. Tilahun is dedicated to serving patients at the AdventHealth East Orlando campus.
- Dr. Daniel Galante joins us to become the lead colorectal surgeon at AdventHealth Winter Park. Dr. Galante came to us from Mount Sinai Hospital in New York where he had just completed his fellowship in colon and rectal surgery.
- Dr. Norbert Garcia-Henriquez has joined the Orlando campus, having completed his fellowship at Brown University in Rhode Island.
- We continue to expand and improve our office facilities at every location. For 2018, we are so pleased to be
 providing 24-hour coverage for specialist colorectal care at AdventHealth Celebration and Kissimmee. Our
 research capacity continues to expand with the appointment of dedicated research fellows as well as a research
 coordinator and data coordinating staff. We continue to expand our international presence and reputation with
 faculty members presenting over 50 lectures in more than 10 countries around the world. Our publication rates
 continue to increase to record levels with numerous papers published in high ranking journals.
- As many people know, our colorectal surgeons invented transanal minimally invasive surgery (TAMIS) some years
 ago and we have been so proud to see this become an operation adopted around the world. In 2018, we are
 able to offer transanal endoscopic microsurgery (TEMS) at two locations as well as TAMIS. Our surgeons have
 more experience in performing these procedures than any other institution in the United States.
- In November, our second annual Orlando Colorectal Congress (OCC) took place at the Hard Rock Hotel[®] at Universal Orlando[™] with record numbers of delegates treated to an outstanding lineup of international speakers. We are very proud of this unique congress and are looking forward to an even bigger and better meeting in 2019.

I hope you enjoy reading a little bit about the great achievements of AdventHealth Medical Group Colorectal Surgery in this annual report so expertly put together by Dr. Justin Kelly and his team. I am immensely proud of the extraordinary hard work delivered every day by every member of the colorectal faculty on behalf of our patients and look forward to even more exciting developments in 2019.

John RT Monson, MD, FRCS (Ire (Hon), Eng, Ed (Hon), Glas (Hon)), FASCRS, FACS Executive Medical Director, Colorectal Surgery

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From Top left: Dr. Justin Kelly, Dr. George Nassif, Dr. Yaphet Tilahun, Dr. Daniel Galante, Dr. John RT Monson, Dr. Matthew Albert, Dr. Norbert Garcia-Henriquez, Dr. Teresa H.deBeche-Adams, Dr. Jeremy Drake, Dr. Bruce Orkin

About Us

STATE-OF-THE-ART SURGICAL CARE

Our priority is to provide patients with the best possible surgical care. Because minimally invasive approaches (such as laparoscopy, robotics, and advanced transanal surgery) result in improved outcomes and quick healing, these approaches are offered to more than 95 percent of patients undergoing elective colorectal surgery in our center.

Our colorectal surgeons have specialized training in colon and rectal surgery as well as colorectal oncology, and they are part of a national training center for other surgeons who endeavor to learn new and advanced surgical techniques.

EDUCATION

The colorectal surgeons founded an ACGME-accredited Colorectal Surgery Fellowship Program in partnership with AdventHealth (formerly known as Florida Hospital) in 2010. This provides subspecialty training in colon and rectal surgery for five categorical candidates per year. In 2018, the program graduated its 19th colorectal fellow since its initiation in 2010. International fellows, general surgery residents and medical students also train with the team on an ongoing basis.

OUR MISSION

- Provide patients with first-rate surgical and clinical care
- Perform meaningful research and innovation which results in a significant impact in the field of colon and rectal surgery
- Train the next generation of colon and rectal surgeons, while sharing with other colorectal surgeons the techniques we pioneer
- Give back to the community through outreach programs

KEY INNOVATIONS

- Invented Transanal Minimally Invasive Surgery (TAMIS)
- First to perform TAMIS for cancer
- First to describe TAMIS for total mesorectal excision (TME)
- First to perform Robotic Transanal Surgery for TME
- · First to describe the use of a lighted urethral stent
- First clinical series on Transanal TME in the United States and currently the largest in the United States
- First to perform fluoro-angiography intraluminally
- First to describe endoluminal use of fluorescence angiography to assess bowel perfusion
- The major North American training center for transanal total mesorectal excision (taTME)
- Performed first surgical procedure in the United States using the Senhance robotic system



Surgical Methods & Case Volumes

209

PATIENTS TREATED WITH RECTAL CANCER

53 TAMIS CASES

681 COLON RESECTIONS

13 POUCHES

69 ROBOTIC CASES

8,044 patients seen

2,744 OUTPATIENT PROCEDURES

3,549 PATIENTS SEEN IN CLINIC

Dr. Matthew Albert proctoring two delegates during the taTME workshop at OCC 2018.

APPOINTMENT BOARD POSITIONS

- Vice-President, OSTRiCh Consortium on Rectal Cancer, John RT Monson
- Member, Commission on Cancer, John RT Monson
- Member, Steering Committee for the National Accreditation Program for Rectal Cancer, John RT Monson
- Co-Editor-in-Chief, Disease of the Colon & Rectum, John RT Monson
- Executive Council, American Society of Colon and Rectal Surgeons, John RT Monson
- Member, SAGES Guidelines Committee, Teresa H.deBeche-Adams
- Member, SAGES Colorectal Task Force Committee, Teresa H.deBeche-Adams
- Member, ASCRS Fundamentals of Rectal Cancer Committee, Teresa H.deBeche-Adams
- Member, AdventHealth Medical Group Quality Improvement & Clinical Quality Committee, Teresa H.deBeche-Adams
- Member, ACGME Standing Appeals Panel, Bruce Orkin
- Senior Examiner, American Board of Colon and Rectal Surgery, Bruce Orkin
- President, Chicago Society of Colon and Rectal Surgery, Bruce Orkin
- Principal, Executive Council, Co-Program Director and Moderator, Chicago Colorectal Symposium, Bruce Orkin
- Medical Advisory Board, International Foundation for Functional Gastrointestinal Disorders, Bruce Orkin
- Medical Advisory Board, United Ostomy Associated of Chicago, Bruce Orkin
- Member, American Society of Colon and Rectal Surgeons, Website Committee, Justin Kelly
- COLOR 3: A randomized clinical trial comparing transanal and traditional laparoscopic TME for rectal cancer. Steering Committee Member, Justin Kelly
- Member, ASCRS, Self-Assessment Committee, George Nassif

Meet Our Team



JOHN RT MONSON, MD, FRCS (IRE, ENG, ED (HON), GLAS (HON)), FASCRS, FACS

Executive Director for Colorectal Surgery, AdventHealth Orlando

john.monson.md@adventhealth.com

- Vice President, OSTRiCh Consortium on Rectal Cancer Care
- Member, Commission on Cancer

MATTHEW R. ALBERT, MD,

Program Director, AdventHealth

Medical Group Colorectal Surgery

matthew.albert.md@adventhealth.com

 Assistant Professor, Surgery, University of Central Florida, College of Medicine

Director, Robotics Education for AdventHealth

Assistant Professor, Surgery, University of

FACS, FASCRS

- Member, Steering Committee for the National Accreditation Program for Rectal Cancer
- Professor, Surgery, University of Central Florida, College of Medicine



– SURGEONS –

🍠 @GeorgeNassifJr



GEORGE J. NASSIF, JR., DO, FACS

Director of Education Affairs, AdventHealth Medical Group Colorectal Surgery george.nassif.do@adventhealth.com

Assistant Professor, Surgery, University
 of Central Florida, College of Medicine

BRUCE A. ORKIN, MD, FACS, FASCRS Fellowship Program Director, AdventHealth Medical Group Colorectal Surgery

bruce.orkin.md@adventhealth.com

- Professor, Surgery, University of Central Florida, College of Medicine
- Professor Emeritus, Rush University, Chicago, IL
- Adjunct Professor, Tufts University, Boston, MA
- Adjunct Professor, The George Washington
 University, Washington, DC

INTRODUCING OUR NEW FACULTY MEMBERS



DANIEL GALANTE, DO

Faculty Colorectal Surgeon, AdventHealth Medical Group Colorectal Surgery daniel.galante.do@adventhealth.com



NORBERT GARCIA-HENRIQUEZ, MD Faculty Colorectal Surgeon,

AdventHealth Medical Group Colorectal Surgery norbert.garcia-henriquez.md@ adventhealth.com



YAPHET TILAHUN, MD

Faculty Colorectal Surgeon, AdventHealth Medical Group Colorectal Surgery yaphet.tilahun.md@adventhealth.com



TAMISYoda



Central Florida, College of Medicine

JEREMY DRAKE, MD

Medical Group Colorectal Fellowship



TERESA H.DEBECHE-ADAMS, MD, FACS, FASCRS

jeremy.drake.md@adventhealth.com

Director, Rectal Physiology Center, AdventHealth Medical Group Colorectal Surgery

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- Associate Director, Colorectal Fellowship
 Program
- Asssistant Professor, Surgery, University of Central Florida, College of Medicine



JUSTIN KELLY, MD, FRCS

Colorectal Surgeon, AdventHealth Medical Group Colorectal Surgery

justin.kelly.md@adventhealth.com

- Director of Group Physician
 Professional Development
- Director of Anal Dysplasia Clinic
- Assistant Professor, Surgery, University of Central Florida, College of Medicine

— ADVANCED PRACTICE PROVIDERS —



NICOLE LEVEILLE PA-C



LAURA LEWIS MS, PA-C



SAMANTHA BONILLA APRN-C



SANDRIA MCLYMONT MSN, FP-C



KIM MEACHAM MSN, FNP-C, CWON



KAROLINE NEUMAN MSN, NP-C



JEREMY SNEIDER MSN, FNP-C, CWON



SMITHAMOL GREEGORIOUS THOMAS FNP-C

NORA BEENACKERS

2019-Present

Program Manager





KEVIN WILLIAMS 2017-2019 Program Manager



MELYSSA FRANCK Administrative Assistant

------ RESEARCH STAFF -----



ARMAN ERKAN, MD Research Fellow



ALVARO MENDEZ, MD Research Fellow

-OFFICE SUPERVISORS-



LAQUITA FORD Orlando, East Orlando



MELISSA SADY Altamonte Springs, Winter Park, Lake Mary



BRITTANY TORRES Kissimmee, Celebration



SARAH GEORGE, BS, CCRC Research Coordinator Assistant



CAREN NITUDA, RN, BSN, CEN Clinical Research Nurse

— PRACTICE STAFF —





PRACTICE MANAGER 2018-2019 Erica Lara



CLINICAL OFFICE SUPERVISOR Michelle Herzberg

Research

SURGICAL HEALTH OUTCOMES CONSORTIUM (SHOC)

In 2017 our practice took steps toward delivering digestive health services across the AdventHealth system by growing the colorectal surgery program to accommodate the needs of patients at multiple locations, further streamlining and developing the clinical practice and skills across the system and expanding and building new office areas.

SHOC's Mission:

To enhance patient-centered care through collaborative research efforts and technological advances.

Starting that year, the AdventHealth Surgical Health Outcomes Consortium (SHOC) was created to develop research expertise in the field of Health Services Research and on the factors that influence the delivery of patient care. SHOC will explore both human and system factors in clinical care from a local patient perspective to national and international care delivery. The group will develop a critical mass of local research expertise and continue a range of collaborative programs with other institutions in the United States and internationally. SHOC will play a critical role in the generation and dissemination of knowledge, and aims to place AdventHealth at the forefront of research efforts that focus on patient outcomes and pathways of patient care delivery. With our leadership and goals in place, we look forward to advancing the field of health care research among surgical disciplines within the Digestive Health Program at AdventHealth and beyond.

ACTIVE PROJECTS

1. **PROSPECT:** Chemotherapy Alone or Chemotherapy Plus Radiation Therapy in Treating Patients With Locally Advanced Rectal Cancer Undergoing Surgery

The purpose of this study is to compare the effects, both good and bad, of the standard treatment of chemotherapy and radiation to chemotherapy using a combination regimen known as FOLFOX (the drugs 5-fluorouracil (5-FU), oxaliplatin and leucovorin) and selective use of the standard treatment, depending on response to the FOLFOX. The drugs in the FOLFOX regimen are all FDAapproved and have been used routinely to treat patients with advanced colorectal cancer.

2. Multicenter Phase II Study of Transanal Total Mesorectal Excision (taTME) with Laparoscopic Assistance for Rectal Cancer

This study evaluates the efficacy and safety of transanal total mesorectal excision (taTME) with laparoscopic or robotic assistance in the management of resectable rectal cancer, with the postulation that the taTME procedure is not inferior to the standard LAR.

3. ANCERS-2: A Prospective, Multicenter, Observational Study Examining the Clinical Utility of CANscript in Routine Clinical Practice

The study examines the clinical utility of CANscript to inform the selection of cancer treatment for patients with advanced squamous cell carcinoma of the head and neck, triple negative breast cancer, nonsmall cell lung cancer, epithelial ovarian cancer and colorectal cancer. The aim of the CANscript study is to determine the specific drug regimen that would benefit each individual patient the most.

4. Efficacy and Safety of LifeSeal[™] Kit for Staple Line Sealing in Colorectal and Coloanal Anastomoses: A Prospective Randomized Study

The primary objective of this study is to assess the efficacy and safety of LifeSeal™ Kit as measured by the change in overall anastomotic leak rates in subjects undergoing low anterior resection with an anastomosis below 10 cm from the anal verge, over the first 17 weeks after surgery.

5. The Feasibility of the Senhance Surgical Robotic System for Transanal Surgery

The primary aim of this study is to evaluate the capabilities of the Senhance Surgical Robotic System by performing transanal local excision (LE) and transanal total mesorectal excision (taTME) in ex-vivo high-fidelity male human cadavers at the AdventHealth Nicholson Center in Orlando.

GRANTS

ASCRS Research in Robotic Surgery Technology Grant - \$50,000

This grant was used to complete The Feasibility of the Senhance Surgical Robotic System for Transanal Surgery study.



A demonstration by colorectal faculty, Dr. Yaphet Tilahun.

PRESENTATIONS

Video Presentations:

Vamis-Assisted Rectocele Repair: Expanding the Applications of TAMIS

Marc Dakermandji, MD, Ashley Althoff, DO, Sam Atallah, MD, AdventHealth | **SAGES**

Laparoscopic Total Colectomy/taTME and J Pouch with Divertive Ileostomy

Alberto Gonzalez-Quezada, MD, Matthew Albert, MD, Grace Hwang, MD, Arman Erkan, MD, Alvaro Mendez-Pastor, Hospital Universitario, Dr. Jose Eleuterio Gonzalez, Universidad Autonoma de Nuevo Leon, AdventHealth | **SAGES**

Combined Transanal Total Mesorectal Excision and Laparoscopic Surgery for Completion Proctectomy and Ileal Pouch Anal Anastomosis

Arman Erkan, MD | ACPGBI

Poster Presentation:

Transanal Total Mesorectal Excision (taTME) for Rectal Lesions: Clinical and Oncological Outcomes of 130 Consecutive Patients at a Single Center

Arman Erkan, MD, Abdul Waheed, MD, Matthew Albert, MD, FACS, FASCRS, Justin Kelly, MD, FRCS, John RT Monson, MD, FACS, FRCS, FASCRS, Surgical Health Outcomes Consortium, AdventHealth | SAGES

Algorithm for Management of Fecal Incontinence Patients Expedites Decision-Making for Those that May Be Candidates for SNS

J. Motl, G. Hwang, G.J. Nassif, S. Atallah, M.R. Albert, J.R. Monson, T.C. deBeche-Adams; Orlando, FL | ASCRS

Lecture Presentation:

Lower Survival after Right-Sided Versus Left-Sided Colon Cancers: Is Complete Mesocolic Excision the Answer?

Arman Erkan, MD | ACS Quality and Safety Conference

Abstract Presentation:

Impact of Tumor Deposits on Oncologic Outcomes in Stage III Colon Cancer

N. Wong-Chong, J. Motl, G. Hwang, J. Kelly, G.J. Nassif, M.R. Albert, L. Lee, J.R. Monson; Montreal, QC, Canada; Orlando, FL | **ASCRS**

Published Articles

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- Ali SM, Pawlik TM, Rodriguez-Bigas MA, Monson JRT, Chang GJ, Larson DW. *Timing of Surgical Resection for Curative Colorectal Cancer with Liver Metastasis.* Ann Surg Oncol. 2018 Jan;25(1):32-37. doi: 10.1245/ s10434-016-5745-7.
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- Brady JT, Xu Z, Scarberry KB, Saad A, Fleming FJ, Remzi FH, Wexner SD, Winchester DP, Monson JRT, Lee L, Dietz DW; Consortium for Optimizing the Treatment of Rectal Cancer (OSTRiCh). Evaluating the Current Status of Rectal Cancer Care in the US: Where We Stand at the Start of the Commission on Cancer's National Accreditation Program for Rectal Cancer. J Am Coll Surg. 2018 May;226(5):881-890. doi: 10.1016/j. jamcollsurg.2018.01.057. Epub 2018 Mar 23.
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- Lee L, Kelly J, Nassif GJ, deBeche-Adams TC, Albert MR, Monson JRT. Defining the learning curve for transanal total mesorectal excision for rectal adenocarcinoma. Surg Endosc. 2018 Jul 11. doi: 10.1007/ s00464-018-6360-4

- 17. Fleshman J, Branda ME, Sargent DJ, Boller AM, George VV, Abbas MA, Peters WR Jr, Maun DC, Chang GJ, Herline A, Fichera A, Mutch MG, Wexner SD, Whiteford MH, Marks J, Birnbaum E, Margolin DA, Larson DW, Marcello PW, Posner MC, Read TE, Monson JRT, Wren SM, Pisters PWT. Nelson H. Disease-free Survival and Local Recurrence for Laparoscopic Resection Compared With Open Resection of Stage II to III Rectal Cancer: Follow-up Results of the ACOSOG Z6051 Randomized Controlled Trial. Ann Surg. 2018 Aug 3. doi: 10.1097/ SLA.00000000003002
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Dr. Matthew Albert pictured with visiting international surgeon in Orlando, FL.



Training the Next Generation of Surgeons

2010-2018 COLORECTAL FELLOW GRADUATES



TERESA H.DEBECHE-ADAMS, MD (2010 – 2011)



FRANCISCO QUINTEROS, MD (2013 – 2014)



BEATRIZ MARTIN-PEREZ, MD (2014 – 2016)



JUSTIN KELLY, MD (2016 – 2017)



ARMAN ERKAN, MD (2017 – 2018)



SEEMA IZFAR, MD (2011 – 2012)



HENRY SCHOONYONUG, MD (2013 - 2014)



JOHN BURKE, MD (2015 - 2016)



LAWRENCE LEE, MD (2016 - 2017)



GRACE HWANG, MD (2017 - 2018)



GEORGE NASSIF, JR., DO (2012 – 2013)



SHOHRAT ANNABERDYEV, MD (2014 – 2015)



ARIELLE DUBOISE, MD (2015 – 2016)



ALLAN MABARDY, MD (2016 – 2017)



JILL MOTL, MD (2017 - 2018)



HARSHA POLAVARAPU, MD (2012 - 2013)



CELESTE KANG, MD (2014 – 2015)



MATTHEW WILSON, MD (2015 - 2016)



MARC DAKERMANDJI, MD (2017 – 2018)

2018 - 2019 CURRENT COLORECTAL FELLOWS













RAYMOND YAP, MD

SUDHIR KALASKAR, MD

PAUL KAMINSKY, MD

INSKY, MD SHRUTI

SHRUTI SEVAK, MD MERCY WAGNER, MD

GENERAL SURGERY RESIDENTS



GEORGE WEISS, MD



JOSHUA SPIEGEL, MD



REBECCA ROWEN, MD

DAMIAN KORSICH, MD



EVAN WESTRICK, MD



KEVIN WISSINGER, MD



NOELINE RAJARAJAN, MD



JONAH WHITE, MD



Michael Schrum – NOVA Haryashpal Bhullar – KCUMB Michael Katzen – UCF Joseph Bhagratie – NOVA Jaldhi Patel – KCUMB Juan Arana – NOVA Mladen Grigorov – KCUMB Kaitlyn Hite – UCF

Chenli Hui, MD - China

MEDICAL STUDENTS



Michelle McGee – UCF Paul Kim – NOVA David Cronkite – UCF Garrett Stolzfus – UCF Melanie Bui – UCF Alexandra Hill – NOVA Hannah Hong – KCUMB Gagandeep Gill – NOVA

INTERNATIONAL SCHOLARS

YeJing Wang, MD - China



Vuth-Channy Chhor – KCUMB Tasfia Ahmed – KCUMB Amish Patel – KCUMB Addison Durham – KCUMB Muhaimeen Hossain – NOVA Bryan Lee – NOVA

Bo Wei, MD - China

Where are they now?

I've become a better surgeon because of all of the surgeons here.

GRACE HWANG, MD St. Joseph Heritage Medical Group – Orange, CA





I enjoyed the program so much and I enjoyed the comradery I had with my mentors - I enjoyed the hospital as a system, so much that I decided to stay.

GEORGE NASSIF, DO, FACS AdventHealth Medical Group Colorectal Surgery – Orlando, FL

I can't say enough good things about the fellowship program. Definitely, there have been lifelong friendships made.

LAWRENCE LEE, MD, PHD McGill University Health Centre – Montreal, Canada





The commitment that you give is certainly reciprocated in terms of the training that you receive. JUSTIN KELLY, MD, FRCS

AdventHealth Medical Group Colorectal Surgery – Orlando, FL

?? I'm very grateful for the skills that I've acquired for the year I was there.

MATTHEW WILSON, MD, FACS Utica Park Clinic – Tulsa, OK





 The mentors that you work with and the resources that you have are unparalleled – they're amazing.

SEEMA IZFAR, MD, FACS, FASCRS South Texas Colorectal Center – San Antonio, TX

Visiting Professors



MICHAEL J. STAMOS, MD, FACS, FASCRS University of California, Irvine

How to Safely and Effectively Partner with Industry February 2, 2018



JORGE E. MARCET, MD, FACS, FASCRS University of South Florida Morsani College of Medicine, Tampa *The Evolving Story of Rectal Cancer Treatment* June 1, 2018



ALESSANDRO FICHERA, MD, FACS, FASCRS University of North Carolina, Chapel Hill Bowel Sparing Strategies in Crohn's Disease September 7, 2018



JAMES W. FLESHMAN, JR., MD, FACS, FASCRS Baylor University Medical Center, Dallas Management of Rectal Cancer in the 21st Century November 2, 2018



Teaching Surgeons From Around the World

taTME COURSES

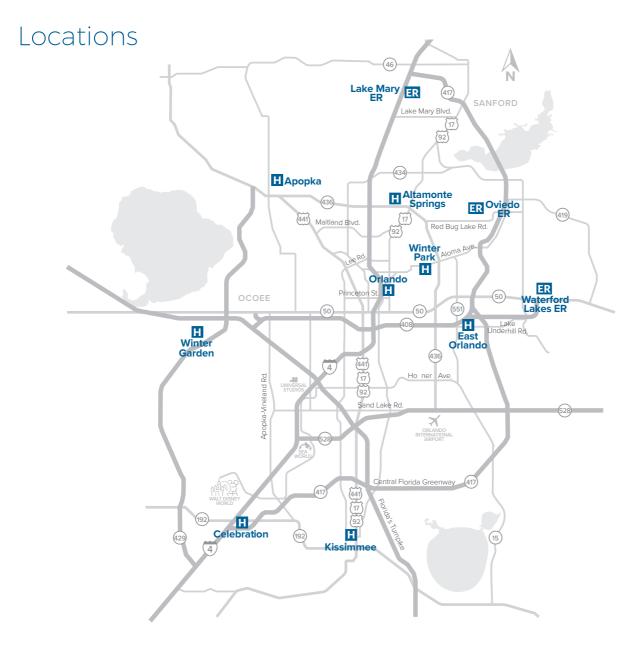
Transanal Minimally Invasive Surgery (TAMIS) is a new modality for performing advanced transanal surgery, originally pioneered by Dr. Matthew Albert in Orlando, Florida and now performed across the world. This platform offers the ability to perform high-quality local excision of rectal neoplasia.

One of the most important and evolving applications of TAMIS is Transanal Total Mesorectal Excision (taTME), again invented in Florida by our own surgeons and led by Dr. Matthew Albert. This new approach to access the rectum has several key advantages and is particularly well suited to address exposure to the distal rectum in patients with a challenging body habitus or very low rectal cancers. taTME is considered the single most important application of TAMIS beyond local excision, and this approach is rapidly becoming adopted worldwide. For more than six years, Dr. Albert has been running highly specialized courses in both TAMIS and taTME here in Orlando, with colorectal surgeons invited from all over the world to learn this approach.

The course includes live surgery demonstrations, a didactic session with video, and lastly a cadaveric hands-on training lab, all led and taught by the surgeons from AdventHealth Medical Group Colorectal Surgery. Participants gain insights including tips, tricks, and pitfalls of taTME so that they may safely introduce this technique into their surgical practice.

To date, 317 surgeons have completed this two-day training, conducted at AdventHealth Orlando and led by Drs. Albert, H.deBeche-Adams, Kelly, Monson and Nassif.

MATTHEW ALBERT Course Director	TERESA H.DEBECHE-ADAMS Faculty	JOHN RT MONSON Faculty	GEORGE NASSIF JR. Faculty	JUSTIN KELLY Faculty
Visiting Surgeons	s' Locations:			
Texas	Illinois	Missouri	Argentina	Chile
New York	Kansas	Louisiana	Colombia	Uruguay
Tennessee	Ohio	Washington, D.C.	Canada	Spain



ALTAMONTE SPRINGS

661 East Altamonte Drive, Suite 220 Altamonte Springs, FL 32701 Office of George Nassif and Justin Kelly

CELEBRATION

400 Celebration Place, Suite A-150 Celebration, FL 34747 Office of Bruce Orkin and Jeremy Drake

EAST ORLANDO

258 South Chickasaw Trail, Suite 201 Orlando, FL 32825 Office of Teresa H.deBeche-Adams and Yaphet Tilahun

KISSIMMEE

2400 North Orange Blossom Trail, Suite 203 Kissimmee, FL 34744 Office of Jeremy Drake and Bruce Orkin

LAKE MARY

755 Rinehart Road, Suite 100 Lake Mary, FL 32747 Office of George Nassif

ORLANDO

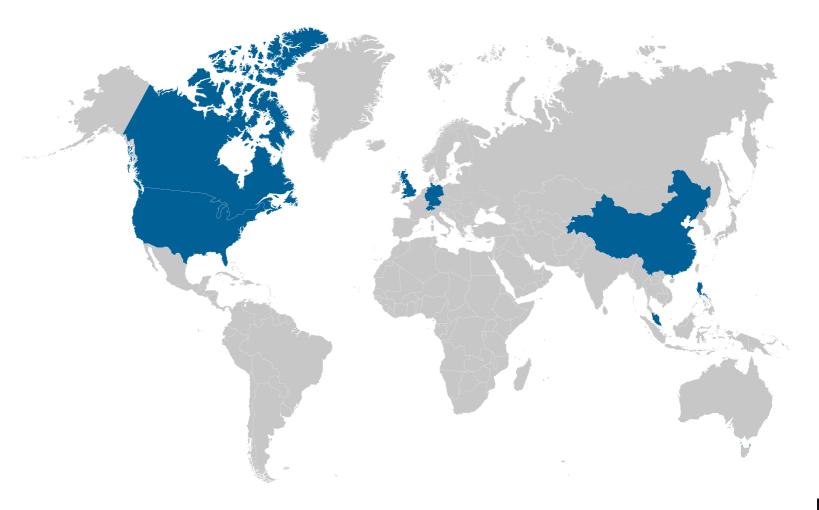
2415 North Orange Avenue, Suite 300 Orlando, FL 32804 Office of Matthew Albert, Teresa H.deBeche-Adams, John RT Monson, Justin Kelly and Norbert Garcia-Henriquez

WINTER PARK

242 Loch Lomond Drive Winter Park, FL 32792 Office of Daniel Galante

Lectureships

NATIONAL AND INTERNATIONAL INVITED LECTURESHIPS





Beijing and Chongqing, China

Birmingham and London, UK

- Berlin, Germany





Singapore



Whistler, British Columbia, Canada

- Baton Rouge, LA
 - Boston, MA
 - Chicago, IL
 - Dallas, TX
 - Fort Lauderdale, FL
 - Gettysburg, PA
- Hartford, CT
- Las Vegas, NV
- Nashville, TN •

- Orlando, FL
- Portland, ME
- Providence, RI
- Seattle, WA •
- Tucson, AZ •
- Waco, TX ٠
- Washington, DC .
- Weston, FL

MATTHEW A. ALBERT, MD

Alpine Colorectal Meeting | How I Invented TAMIS | Wengen, Switzerland Cleveland Clinic Jagelman Symposium | Transanal TME Hands-on Course | Weston, FL Cleveland Clinic Jagelman Symposium | Avoiding Complications in Transanal TME | Weston, FL SAGES | Total Mesorectal Excision: Optimizing Surgery and Managing Challenges | Seattle, WA SAGES | Transanal TME Hands-on Lab | Seattle, WA SAGES | Moderator - Colorectal Session II | Seattle, WA ASCRS | Instructor for taTME Hands-on Cadaver Lab | Nashville, TN ASCRS | Transanal TME: Pitfalls and Complications | Nashville, TN ASCRS | Controversies in Rectal Cancer: Why Below is the Way to Go | Nashville, TN Innovations in Proctology | TAMIS 2018 | Berlin, Germany Risk Reduction in Colorectal Surgery: Immunofluorescence in Colorectal Surgery | Singapore National University Singapore Surgical Grand Rounds | TAMIS for Local Excision of Rectal Cancer | Singapore Philippine Society of General Surgery | TAMIS; Indications and Technique | Manila, Philippines Philippine Society of General Surgery | Risk Reduction in Colorectal Surgery: Immunofluorescence in Colorectal Surgery | Manila, Philippines Stryker iSpies Immunofluorescence Symposium | Immunofluorescence in TAMIS, taTME, and Left Side Reconstruction | Las Vegas, NV Rush University | TAMIS Course | Chicago, IL Baylor University | TAMIS Course | Dallas, TX Maine Medical Center | TAMIS Course | Portland, ME OCC LIVE | Host Faculty | Orlando, FL

TERESA H.DEBECHE-ADAMS, MD

SAGES | Hands-on taTME Course Chair | Seattle, WA

OCC LIVE | Host Faculty | Orlando, FL

ASCRS | Young Surgeons Mock Orals - Avoiding Pitfalls of the Oral Exam | Nashville, TN

ASCRS | Contemporary Management of Lower GI Bleeding -Co-director | Nashville, TN

Cherry Family Foundation/Department of Surgery Grand Rounds | The Evolution of Transanal Surgery: How Did We Get Where We Are Today? | Hartford, CT





JUSTIN KELLY, MD COLOR 3 Rectal Cancer Trial Investigator Meeting | Investigator | London, UK OCC LIVE | Host Faculty | Orlando, FL Inflammatory Bowel Disease Updates | IBD Debate: Surgical Management of Intra-abdominal Abscess in Crohn's | Orlando, FL JOHN RT MONSON, MD Applied Medical taTME Course | Standardizing Approaches to Rectal Cancer, OSTRiCh | Orlando, FL Hepatology/Hepatobiliary Course | Moderator - Scope of HCC & Current Surgical Management of HCC | Orlando, FL Applied Medical taTME Course | Standardizing Approaches to Rectal Cancer, OSTRiCh | Orlando, FL HIMSS Conference | Using Technology to Change Behavior | Las Vegas, NV SSO 2018 | CoC-NAPRC Program | Chicago, IL SAGES | Station Coordinator for Hands-On Course - Total Mesorectal Excision | Seattle, WA Grand Rounds at Brown University | The NAPRC and a Brace New World | Providence, RI Grand Rounds at Brown University | Rectal Cancer: A Journey Through Time with Colostomies, Rabbits, and a Flightless Bird | Providence, RI ASCRS | The Best of the Diseases of the Colon and Rectum Journal Symposium | Nashville, TN DDW | SSAT State-of-the-Art Conference Session | Washington, DC DDW | Technological Frontier: taTME | Washington, DC ACPGBI | BJS Lecture | Birmingham, UK ACPGBI | Rectal Cancer Surgery – Are We on the Right Road? | Birmingham, UK ACPGBI | It's a Numbers Game | Birmingham, UK ACPGBI | Volume-Outcome Data in Colorectal Surgery | Birmingham, UK



ACPGBI | Consultant's Corner | Birmingham, UK

Winter Park Internal Medicine Section | Challenges in Crohn's Disease | Orlando, FL

12th Annual Masters in MIS Forum | Role of Accreditation in Rectal Cancer Treatment: How Will NAPRC Affect Patient Treatment Pathways? | Boston, MA

Gettysburg Staff Ride | Playing the Character of LT Alonzo Cushing, Cdr., Btry A, 4th US | Gettysburg, PA

Best of ASCO | Best of ASCO Surgery Update | Orlando, FL

Best of ASCO | Stump the Professors - Panel Discussion | Orlando, FL

Best of ASCO | Meet the Professor Breakout Discussion – Moderator of Colorectal Session | Orlando, FL

OCC LIVE | Host Faculty | Orlando, FL

GEORGE NASSIF, JR., DO

Applied Medical taTME Course | Patient Protocol & OR Set-Up | Orlando, FL Applied Medical taTME Course | Overview of OSTRiCh Registry, Coding, and Billing | Orlando, FL Chicago QI/ERAS Symposium | ERAS Implementation and Opioid Reduced Surgery | Chicago, IL Mallincrockdt National Science Meeting | Opioid Free Surgery in a Surgeon's Perspective | Tucson, AZ ASER 6th Annual National Meeting | Opioid Free Analgesia | Fort Lauderdale, FL SAGES | Master of Colorectal: MIS Laparoscopic Approaches, Medial to Lateral Approach | Seattle, WA ASCRS | Moderator – Colorectal I and II Abstract Session | Nashville, TN ASCRS | Out of the Movies and Into Reality: How Disruptive Technology May Change the Way You Practice | Nashville, TN Chinese College of Surgeons | Current State of taTME in the US | Beijing, China Chongqing University Colorectal Symposium | TAMIS and taTME and the Future | Chongqing, China Chongqing University Colorectal Symposium | ERAS and Opioid Free Surgery | Mebinar Becker's Healthcare Review | The Future of ERAS and Opioid Free Surgery | Webinar Baylor University | taTME for Fellows | Waco, TX Louisiana State University | Beyond ERAS (What the Future Holds) | Baton Rouge, LA OCC LIVE | Host Faculty | Orlando, FL

BRUCE A. ORKIN, MD

27th Annual Winter Meeting: Midwest Society of Colon and Rectal Surgeons | Perineal Reconstruction | Whistler, British Columbia, Canada Chicago Colorectal Symposium | Moderator – Resident Research Competition | Chicago, IL Florida Hospital System Outreach Program | Minimally Invasive Surgery for Colon and Rectal Cancer | Orlando, FL American Board of Colorectal Surgery | Senior Examiner of Oral Exams | Chicago, IL ACS | Moderator – Stoma Creation in the Challenging Patient | Boston, MA OCC LIVE | Host Faculty | Orlando, FL



Dr. George Nassif speaking in Beijing, China.



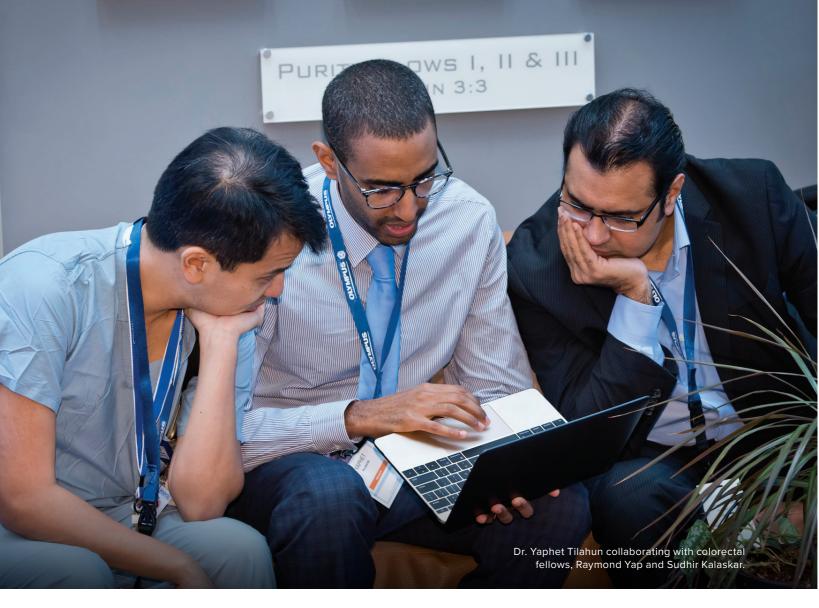
Dr. Bruce Orkin speaking in Orlando, FL.



Dr. John RT Monson speaking in Birmingham, UK.



Dr. Justin Kelly speaking in Orlando, FL.



Practice Developments

ERAS

Enhanced Recovery Pathways (ERAS) are adopted to optimize surgical recovery with evidence-based pre-operative, intra-operative, and post-operative interventions. Patient education, nutrition, and preconditioning combined with intra-operative and post-operative standardization can improve patient safety, enhance quality of care, advance outcomes, and speed recovery, all while optimizing resource utilization and satisfaction.

The ERAS process is introduced and initiated at the patient's first visit and followed through until discharge. The strict pathway includes everything from pre-anesthesia testing (PAT), patient education, RIO, in the OR, PACU, and post-operative floor all the way to discharge. The basic principle is to keep patients in a relatively normal physiologic state in times of anticipated surgical stress.

Protocol:

- 1. Brief introduction to patient in office
- 2. Schedule patient as ERAS patient
- 3. Patient education flyer given
- 4. Patient attends 30-minute class given by APRNs at time of PAT
- 5. Encourage carbohydrate-based drinks until two hours prior to surgery
- 6. Pre-op meds (Tylenol, Celebrex, Neurontin)
- 7. Inter-op opioid-free anesthesia and fluid optimization
- Post-op multimodal anesthesia (IV acetaminophen, IV Ketorolac, Gabapentin, a long-acting numbing medication)
- 9. Full liquid diet in PACU and regular diet on day one
- 10. Bladder catheters out on day one
- 11. NO drains or gastric tubes
- 12. Ambulation on POD 0 and 5x a day thereafter
- 13. Close discharge follow up via Twistle

INTESTINAL FAILURE

Patients with intestinal failure are among the most complex and challenging we have the privilege to serve at AdventHealth. These patients have often undergone many operations and commonly have ongoing blockages and fistula problems. More often than not, such patients are living with IV nutrition or TPN.

AdventHealth Medical Group Colorectal Surgery is recognized as the premier destination in the Southeastern United States for the treatment of such problems.

Intestinal failure is simply defined as the inability of the gastrointestinal tract to sustain adequate hydration and electrolyte balance in the absence of artificial fluid and electrolyte support. Although there are many causes and forms of intestinal failure, it is seen most frequently in patients with Crohn's disease and short gut syndrome.

Our comprehensive team includes dieticians, enterostomal nurses and pharmacists. This allows us to provide the highest level of nutritional support, chronic wound care and medicinal support required to treat our unique patients. Additionally, we have unique experiences in re-operative surgery which is essential to improve outcomes and restore quality of life. This is all within a team of specialists including colorectal surgeons, gastroenterologists, abdominal interventional radiologists and nurses. This multidisciplinary team is unique to the state of Florida and we welcome the opportunity to serve patients from Orlando and around the world.

HRA

Surgeons at our offices are specifically trained in the detection of premalignant lesions of the anus. The lesions are only seen under a high-powered microscope using a technique called high resolution anoscopy (HRA).

Patients at high risk of developing these lesions include people that are immunocompromised, have HIV, MSM, received a transplant or previous cervical dysplasia. HRA is designed to prevent these lesions from becoming cancerous.

The procedure is performed in our Anal Dysplasia Clinic — the only dedicated unit for HRA in Orlando. Patients are seen the week of their referral so as not to delay diagnosis and treatment.

RECTAL CANCER

At AdventHealth Medical Group Colorectal Surgery, we offer patients with rectal cancer a wealth of clinical experience and expertise. We are the only center in Orlando to be recognized by the Commission on Cancer and receive designation under the National Accreditation Program for Rectal Cancer as a center of excellence.

Our faculty have the broadest experience in transanal endoscopic excision (TAE) for rectal tumors in America with well over 1,000 cases successfully performed. This includes access to both TEMS and TAMIS (which was invented by our colorectal surgeons). Our experience with the latest operative approaches, such as taTME, is unparalleled in the United States, and we continue to be the largest training center for taTME in the nation.

We believe in a unique, personalized approach to care. Our multidisciplinary team creates an individualized treatment plan for every patient. Colostomy avoidance is a priority and very few patients require a permanent stoma (bag). Due to our modern approaches, nearly 40 percent of our patients do not require radical surgery, and many avoid surgery of any kind. No other program in Florida offers the range of treatment options we do. As a result, we've served patients from 11 states and five countries.



A QUALITY PROGRAM of the AMERICAN COLLEGE OF SURGEONS

IBD

Our surgeons have expertise in the surgical treatment of ulcerative colitis and Crohn's disease. In conjunction with AdventHealth gastroenterologists who are specialty trained in the medical treatment of inflammatory bowel disease (IBD), individualized patient care is facilitated through a multidisciplinary program.

Our surgeons treat more than 500 patients a year battling inflammatory bowel disease. In 2018, more than 150 surgical resections were performed for Crohn's and colitis, with over 80 percent performed by robotic, laparoscopic or other minimally invasive techniques. AdventHealth is the primary referral center in Central Florida for patients with ulcerative colitis. We have the highest volumes of laparoscopic J-pouch procedures performed including revisional surgeries using the newest transanal techniques pioneered at AdventHealth Orlando.

The department is part of the Crohn's and Colitis Foundation Surgical Research Network, which partners with the foundation and other surgeons to promote research dedicated to the improvement of patient outcomes. Current clinical trials, led by principal investigators Matthew Albert, MD and John RT Monson, MD, include the ADMIRE II trial (evaluating stem cells in the treatment of complex Crohn's perianal fistulous disease) and the SLIRPS trial (assesses feasibility of early ileostomy closure following ileal anal pouch reconstruction surgery).

STOMA CARE

The advanced surgical techniques of our colorectal surgeons have decreased the need for patients to have a stoma, especially a permanent one. For those patients that do have a stoma, superior ostomy care is essential for their quality of life. We have a team of inpatient ostomy nurses, a certified ostomy inpatient nurse practitioner and two certified wound and ostomy outpatient nurse practitioners who provide the highest level of care possible for these patients. This unique feature of our program enables us to deliver world-class care to our patients before, during and after their surgery.

RAPID ACCESS COLORECTAL CLINIC

It is our mission to provide expedited access to our surgeons and advanced practitioners. We offer same-day and next-day appointments. We are equipped to treat many anorectal problems in the office, allowing us to intervene early and decrease pain and discomfort for our patients who can receive world-class care at once. We are astutely aware of the stress that arises with new, onset rectal bleeding, anal pain and discharge, diagnosis of inflammatory bowel disease, and colon and rectal cancer. Having rapid access to a surgeon plays a major role in initiating treatment without delay. For these reasons, we are conveniently located in six different locations throughout the greater Orlando area.

TWISTLE

Twistle is a secure app that is used by our colorectal surgical patients for easy communication with our care team. The app combines mobile communication and artificial intelligence into a unified, streamlined platform that automatically pushes personalized information to patients. This promotes patient adherence to prep instructions, appointments, treatments and medications. It allows patients to send concerning photos, such as wound redness or drainage, and promotes quick and easy communication with providers for any concerns. This leads to improved outcomes, reduced ER visits and re-admissions, and greater clinical quality and safety.

TRANSENTERIX SENHANCE™

In 2018, Teresa H.deBeche-Adams, MD, was the first surgeon in the United States to perform cases on a new robotic platform. The TransEnterix Senhance™ system is designed with a digitalized interface to give the surgeon better control, feedback and comfort while operating. Initial FDA clearance was given for colorectal surgery, allowing the team at AdventHealth to offer this new technology to their patients. Dr. deBeche-Adams touts the sensory feedback and eye-tracking camera as the most beneficial aspects of the system. Ongoing research allows us to continue to develop new instruments to meet the needs of surgeons in our specialty.

http://time.com/collection/health-care-50/5425161/todd-pope/

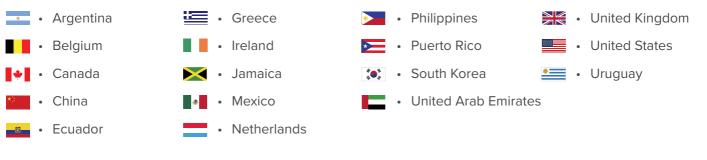
Orlando Colorectal Congress LIVE!

THE 2018 ORLANDO COLORECTAL CONGRESS LIVE! SAW 110 ATTENDEES FROM AROUND THE WORLD!

- Second colorectal congress presented by AdventHealth and AdventHealth Medical Group Colorectal Surgery
- Included 14 lab stations and hands-on workshops for taTME and robotic procedures
- Involved 23 world-renowned faculty experts in their respective fields, 13 of whom came from AdventHealth
- 25 percent of attendees participated in the lab component
- Attendees believed they gained new insight and knowledge by attending this meeting, noting that the speakers were of high quality and the meeting of high standard

ATTENDANCE

Over 100 national and international attendees originating from the following countries:







SAVE THE DATE 2019 ORLANDO COLORECTAL NOV 13-15, 2019 CONGRESS LIVE!

taTME Workshop | Robotic Workshop | DLivemed Case Demonstrations International Faculty | APP GI Symposium

OrlandoColorectal.com



Words From Our Leaders



ERIC STEVENS | Senior Executive Officer | AdventHealth

"AdventHealth Medical Group Colorectal Surgery continues to build on a multi-year legacy of innovation, education, research, high-volume and high-quality patient care. Its faculty are sought internationally for lectureships and clinical demonstrations. The practice represents a premier program at AdventHealth that helps us improve quality care, lower the cost of care, and create a positive and compelling patient experience. Under the leadership of Dr. John Monson, AdventHealth Medical Group Colorectal Surgery is poised to expand their research and clinical capabilities domestically and globally."



NEIL FINKLER, MD | Senior Vice President | Chief Medical Officer | AdventHealth

"The AdventHealth Medical Group Colorectal Surgery team is raising the standard of care and continues to be an instrumental contributor to the technological advancements in colorectal surgery. From TAMIS to taTME, they continue to raise the bar in surgical innovation both domestically and internationally. Through the practice's training and education, innovation, and research, AdventHealth Medical Group Colorectal Surgery is a premier practice that has helped put us on the map as a top health care institution. As this practice goes forward, we envision a bright future of extending excellence to our patients, research and innovations."





AdventHealth Medical Group Colorectal Surgery AdventHealthMedicalGroup.com 407-303-2615

OUR LOCATIONS

Altamonte Springs

661 East Altamonte Drive, Suite 220 Altamonte Springs, FL 32701 Office of George Nassif and Justin Kelly

Celebration

400 Celebration Place, Suite A-150 Celebration, FL 34747 Office of Bruce Orkin and Jeremy Drake

East Orlando

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Kissimmee

2400 North Orange Blossom Trail, Suite 203 Kissimmee, FL 34744 Office of Jeremy Drake and Bruce Orkin

Lake Mar

755 Rinehart Road, Suite 100 Lake Mary, FL 32747 *Office of George Nassif*

Orlando

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Winter Park

242 Loch Lomond Winter Park, FL 32792 Office of Daniel Galante

AdventHealth Medical Group Colorectal Surgery 2415 North Orange Avenue, Suite 300 Orlando, FL 32804