

Central Florida Works on Wellness is a networking, educational outreach and resource-sharing group designed to help members share best practices, while providing support for creating a culture of health in the workplace. What this means is a better value on investment, a healthier enterprise and a stronger community.

To become a member of the Central Florida Works on Wellness group, please complete the form and submit it to us at **FH.Health.Performance.Strategies@FLHosp.org**

Member Information:

Name:

Last

First

Job Title:

Email address:

Phone number:

Company name:

Number of employees:

Address:

City:

State:

Zip:

1. Do you currently have an employee wellness program in place?

Yes

No

Planning to

2. Is your company self-funded or fully insured?

Self-funded

Fully insured

I don't know

3. How do you measure the success of your wellness program(s)? Check all that apply.

Employee participation

Improve morale or decreased absenteeism

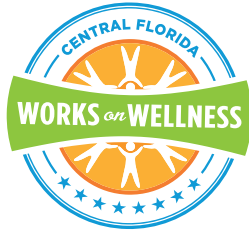
Increased productivity or other measureable return on investment

Comparing self-reported health outcomes before and after programming

Claims data

We do not have a wellness program

Application



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4. Would you like information on any of the following Health Performance Strategies programs/services? Check all that apply.

Organizational Health and Wellness (health assessments, turnkey packages and screenings)

Education (speakers, seminars, webinars, trainings)

Nutritional Guidance (online recipe database, cookbook, cooking demonstrations)

Activity (group fitness, weight management, Mission 5k walk-to-run training)

Stress Recovery

Train the Trainer

5. Has your company been recognized for any wellness awards within the past year?

Yes

No

6. Would you like information on earning company recognition for the American Heart Association's *Workplace Health Solutions*?

Yes

No

7. Payment Options

Option I: \$99/year per company for up to three people

Option II: \$59/year for individuals

Paying by check

Paying by credit card

Please complete this form and return via email: FH.Health.Performance.Strategies@FLHosp.org.

Make checks payable to: Florida Hospital Health Performance Strategies.

To pay by credit card, please call Laura Grubbs at (407) 303-9910.

Mail checks to:

Florida Hospital

Attn: Health Performance Strategies

901 N Lake Destiny Rd, Suite 400

Maitland, FL 32751

By checking this box, I agree to be an active member. I understand this is not a leads-generating sales forum for new business. My role as a business leader, wellness or human resources professional is to participate in the development, contribution and ideation of new programs, to share insights from past learnings, and to enhance workplace wellness in my community. I agree to pay the membership fee in full within 30 days of receiving the invoice.



Member of  Adventist HEALTH SYSTEM