

HARBIN CLINIC BARIATRIC SURGERY

EDUCATION/NUTRITION VISITS OUTLINE

Nutrition education is an integral component to the success of bariatric surgery weight loss. Harbin Clinic dietitians, who are trained in bariatric weight loss, will provide this component of the comprehensive program.

*This education is **required** by both your insurance company and the Harbin Clinic Bariatric Center.*

Below is the outline of the nutrition visits and payment requirements for additional nutrition visit services provided.

GASTRIC BYPASS AND SLEEVE GASTRECTOMY PATIENTS:

- 1st Visit: Group Nutrition Class– “Bariatric Guidelines”
- 2nd Visit: Individual Evaluation with the dietitian
- 3rd Visit: Individual Education at 2—3-weeks post-op (visit after surgery)
- 4th Visit: Individual Education at 4—6-weeks post-op (visit after surgery)
- 5th Visit: Individual Education at 3—months post-op (visit after surgery)
- 6th Visit: Individual Education at 6—months post-op (visit after surgery)
- 7th Visit: Individual Education at 1—year post-op (visit after surgery)

SHAKE REQUIREMENTS:

You are responsible for purchasing approved shakes prior to surgery. You will receive additional information from the clinic regarding this.

**ALL VISITS WILL BE HELD AT THE GENERAL SURGERY OFFICE AT
HARBIN CLINIC: 1825 Martha Berry BLVD, Rome, GA 30165**

FOR ANY QUESTIONS, PLEASE CALL 706-236-6328