

HARBIN CLINIC BARIATRIC SURGERY

PRE-SURGERY LIQUID DIET GUIDELINES

Start Date:

Begin the liquid diet two weeks prior to your scheduled surgery date. Your exact start date and additional instructions will be provided during your pre-operative appointment.

Shake Purchase Requirement:

You are required to purchase two bags of protein shakes before or on the day of your one-on-one nutrition appointment. If you need assistance with the purchase, Cala will be available to help during your appointment.

Flavor Options:

You may select any flavor that suits your preference.

Cost:

\$134.50 + tax for two bags of shakes

How to Purchase:

Scan the QR code below to be directed to the specific shakes required for your diet or visit:

https://www.bariatricadvantage.com/item/meal_replacement



IMPORTANT NOTE:
SHAKES MUST BE PURCHASED AND, IN YOUR POSSESSION, BEFORE A SURGERY DATE CAN BE SCHEDULED.